

Ladder Safety Checklist

Inspect for defects

Check every ladder before you use it. Remove and discard any ladders identified as needing repair, unless repaired with manufacturer-approved methods.

GENERAL

- Side rails are in good condition
- Steps or rungs are tight and can't be wiggled by hand
- Nails, screws, bolts and other metal parts in good condition
 - Uprights, braces and rungs are in working order
 - Ladder is free from oil, grease or slippery materials
 - Non-slip bases or feet are in good condition

STEP LADDERS

- Not wobbly or loose (i.e. won't wobble from side-to-side)
- Hinges, spreaders and stop aren't loose or broken
- All steps are in good condition
- Ladder does not exceed 20 feet in height

EXTENSION LADDERS

- Extension locks are not loose, broken or missing
- Locks seat properly while extended
- Pulley, rung locks and rope are in good condition
- Single section ladders don't exceed 30' in length
 - 2-section ladders don't exceed 48' for metal, 60' for wooden



Provided by ICW Group Workers' Compensation, Risk Management Services