

Title	Type	Est. Time	Description
4 Strategies for Handling Difficult People	Course	60	This course, 4 Strategies for Handling Difficult People, provides an insight into the stress reaction that can occur when challenged by a difficult person, and the need to develop patience and coping skills, and even changes to the way you behave. Psychologists Peter Quarry and Eve Ash give practical tips as they explain the power of changing yourself, the importance of learning to control your emotions, the skills for building bridges by developing rapport and how to engage more constructively with the other person.
5 Tips for Impactful Safety Observations	Course	48	
8 Keys to a More Respectful Workplace: 03. Disagree Constructively	Course	60	Conflict resolution is easier when we treat co-workers with respect, listen, and find common ground. Integrate conflict resolution techniques into your workplace with this respect-based course for effective teamwork. Viewing oneself as a victim makes it difficult to resolve conflict. In this course we examine the theory that if we agree to disagree, we can start seeking common ground and change the direction of the conversation toward a positive resolution. We will illustrate ways in which team members can disagree constructively by incorporating respect into workplace interactions. Really listening to understand others fosters respect in the workplace and enables diverse teams to work together efficiently. Complete the course quiz at the end with a score of 80 percent or higher and receive a certificate of completion.
A DUI Story... What If?	Course	28	
A Knock at the Door	Course	6	
A Million Excuses - SS1055IE (10 Min.)	Video	10	
Abrasive Blasting - SS1024HE	Video	13	
Abrasive Blasting - SS1024HS SPANISH	Video	13	Sandblasting and other abrasive blasting is a potentially life-threatening operation without proper training. This video covers all of the important topics including PPE, equipment set & inspection, safe operating procedures, job site conditions, bystander safety and more! (Spanish version)
Absences from the Workplace	Course	35	Absences from the Workplace

Title	Type	Est. Time	Description
Active Shooter - SS7024AE (8 min)	Video	8	<p>Incidents involving active shooters continue to be in the news. These acts of violence are becoming more commonplace in today's society, and although your chances of being a victim of an active shooter incident are minuscule, it is important your organization and your associates plan and be prepared for such an incident.</p> <p>Active shooters can strike where we live, where we work, where we study, where we shop or any other environment. No business or institution is immune to the potential of an active shooter attack.</p> <p>The purpose of this informational training is not to alarm viewers, but to enlighten them regarding some of the elements of an active shooter scenario and what they should do to be prepared to deal with such an act.</p>
Active Shooter Awareness Video- Helping Prevent Tragedy - SS1075IE (9 min.)	Video	9	<p>Incidents involving active shooters continue to be in the news. These acts of violence are becoming more commonplace in today's society, and although your chances of being a victim of an active shooter incident are minuscule, it is important your organization and your associates plan and be prepared for such an incident.</p> <p>Active shooters can strike where we live, where we work, where we study, where we shop or any other environment. No business or institution is immune to the potential of an active shooter attack.</p> <p>The purpose of this informational training is not to alarm viewers, but to enlighten them regarding some of the elements of an active shooter scenario and what they should do to be prepared to deal with such an act.</p>
Active Shooter Awareness Video- Helping Prevent Tragedy - SS1075IS (9 min.) - SPANISH	Video	9	<p>Incidents involving active shooters continue to be in the news. These acts of violence are becoming more commonplace in today's society, and although your chances of being a victim of an active shooter incident are minuscule, it is important your organization and your associates plan and be prepared for such an incident.</p> <p>Active shooters can strike where we live, where we work, where we study, where we shop or any other environment. No business or institution is immune to the potential of an active shooter attack.</p> <p>The purpose of this informational training is not to alarm viewers, but to enlighten them regarding some of the elements of an active shooter scenario and what they should do to be prepared to deal with such an act. (Spanish version)</p>

Title	Type	Est. Time	Description
Active Shooter in a Restaurant - SS6032AE (16 mins.)	Video	16	The United States Department of Homeland Security defines an Active Shooter as an individual or group of individuals actively engaged in an attempt to shoot or shooting people in a confined or populated area. They normally occur in crowded, public areas so restaurants are a prime target. Although your chances of being a victim of an active shooter incident are minuscule, it is important that you be prepared for such an incident.
Active Shooter in a Restaurant - SS6032AE (6 mins.)	Video	6	The United States Department of Homeland Security defines an Active Shooter as an individual or group of individuals actively engaged in an attempt to shoot or shooting people in a confined or populated area. They normally occur in crowded, public areas so restaurants are a prime target. Although your chances of being a victim of an active shooter incident are minuscule, it is important that you be prepared for such an incident.
Aerial and Scissor Lift Safety - SPANISH	Video	40	Close to 30 deaths are related to aerial lifts each year. The goal of this course is to enable learners to identify the basic types of aerial and scissor lifts, hazards associated with their use, inspection criteria, and safe work practices.
Aerial Work Platform Safety Video	Video	14	
Air Emissions Management	Video	35	Air Emissions Management
An Extra Effort For Safety Sake: Safety Behavior - SS1065IS (15 min.) SPANISH VERSION	Video	15	An Extra Effort For Safety Sake: Safety Behavior-1065I (15 min.)If safety is so important, why do accidents and injuries continue to occur? Government statistics estimate 5.7 million workplace injuries and illnesses occur annually with associated costs over \$170 billion. This dynamic new program addresses a complex issue with a light touch and an important message. Everyone is responsible and accountable for safety. Whether a new employee, 20-year veteran, or plant manager, this program is ideal for everyone at your site. An Extra Effort for Safety Sake addresses the importance of safety, the financial and emotional impact accidents and injuries can have, why safety needs to be a part of every task performed, and best practices to prevent incidents from occurring at your site. Filmed in multiple locations, this program will have a positive and lasting impact on your safety culture and motivate all employees to incorporate safety into every task they perform to help create an accident free work environment. (Spanish version)

Title	Type	Est. Time	Description
An Extra Effort For Safety Sake: Safety Behavior - SS2057 (17 min.)	Video	17	If safety is so important, why do accidents and injuries continue to occur? Government statistics estimate 5.7 million workplace injuries and illnesses occur annually with associated costs over \$170 billion. This dynamic new program addresses a complex issue with a light touch and an important message. Everyone is responsible and accountable for safety. Whether a new employee, 20-year veteran, or plant manager, this program is ideal for everyone at your site. An Extra Effort for Safety Sake addresses the importance of safety, the financial and emotional impact accidents and injuries can have, why safety needs to be a part of every task performed, and best practices to prevent incidents from occurring at your site. Filmed in multiple locations, this program will have a positive and lasting impact on your safety culture and motivate all employees to incorporate safety into every task they perform to help create an accident free work environment.
Arc Flash Facts and Prevention SS1086IE	Video	10	Arc Flash focuses on what arc flash is, its hazards and how employees can avoid it on the job. Electricity is so common in our homes and workplaces that we normally don't think twice about using it. But electricity kills and injures thousands of people every year, so it's important to understand its hazards and know how to avoid them. Electricity poses two major hazards to people who work with it. The most intense is arc flash, a violent release of electrical energy that causes severe injuries and fatalities. The second is shock, which can cause burns, internal injuries, cardiac arrest, and even be fatal. Topics covered in this program include shock and how to avoid it, what arc flash is, personal protective equipment, creating an electrically safe condition, avoiding arc flash situations and more. This program is one of the most effective and efficient ways to get employees the training that they need, in a classroom or individually through their desktop or tablet computer.
Arc Flash Facts and Prevention SS1086IS	Video	10	Arc Flash focuses on what arc flash is, its hazards and how employees can avoid it on the job. Electricity is so common in our homes and workplaces that we normally don't think twice about using it. But electricity kills and injures thousands of people every year, so it's important to understand its hazards and know how to avoid them. Electricity poses two major hazards to people who work with it. The most intense is arc flash, a violent release of electrical energy that causes severe injuries and fatalities. The second is shock, which can cause burns, internal injuries, cardiac arrest, and even be fatal. Topics covered in this program include shock and how to avoid it, what arc flash is, personal protective equipment, creating an electrically safe condition, avoiding arc flash situations and more. This program is one of the most effective and efficient ways to get employees the training that they need, in a classroom or individually through their desktop or tablet computer. (Spanish Version)
Asbestos Awareness Safety Video	Video	22	
Back Injury Prevention Safety Video	Video	9	

Title	Type	Est. Time	Description
Back Injury Prevention: Safe Lifting Techniques Safety Video (Spanish)	Video	9	
Back Safety and Injury Prevention - SPANISH	Course	30	This course covers back safety principles, risk factors for back injury, and tips for maintaining a healthy back, including stretching techniques, to help reduce or prevent work-related back injuries, unnecessary pain and mobility issues. (Spanish)
Back Safety Basics SS1014DE	Video	10	Back injuries caused by improper lifting are the most common disabling injuries in the workplace. A person can injure their back in virtually any type of occupation, often to the point they can no longer work in their chosen field, along with having a devastating impact on their overall quality of life. Many of the causes of back injury can be prevented by teaching employees how the back operates and the basics of proper lifting techniques. This video does just that. Great for new or experienced employees.
Back Safety Basics SS1014DS	Video	10	Back injuries caused by improper lifting are the most common disabling injuries in the workplace. A person can injure their back in virtually any type of occupation, often to the point they can no longer work in their chosen field, along with having a devastating impact on their overall quality of life. Many of the causes of back injury can be prevented by teaching employees how the back operates and the basics of proper lifting techniques. This video does just that. Great for new or experienced employees. (Spanish Version)
Back Safety- The Basics - SS1014DS (11 min.) SPANISH	Video	11	Back injuries caused by improper lifting are the most common disabling injuries in the workplace. A person can injure their back in virtually any type of occupation, often to the point they can no longer work in their chosen field, along with having a devastating impact on their overall quality of life. Many of the causes of back injury can be prevented by teaching employees how the back operates and the basics of proper lifting techniques. This video does just that. Great for new or experienced employees. (Spanish version)
Back Safety: Exercise And Ergonomics Safety Video	Video	16	They say you never notice the parts of your body until they hurt. This video stresses the importance of back safety and discusses not only the risk involved in everyday body movement, but also the ways to prevent those risks from turning into debilitating injuries. The presentation stresses a proactive approach including proper health through exercise and ergonomics. Information is offered on how to properly move through each day without adding undue strain and stress on the body. Viewers will be shown a range of basic stretches as well as other methods and tips for safe and healthy movement.
Back Safety: Proper Lifting Procedures Safety Video	Video	17	Back injuries frequently occur in the workplace during lifting. The tips and techniques provided in this video will offer alternatives to lifting or carrying and will show the benefits of using helpful tools like dollies and carts to prevent back injuries. Viewers will learn the necessary step-by-step safety procedures to prepare the body for safe lifting as well as instruction on how to properly lift under any circumstances.

Title	Type	Est. Time	Description
Back Safety: Proper Lifting Procedures Safety Video (Spanish)	Video	17	Back injuries frequently occur in the workplace during lifting. The tips and techniques provided in this video will offer alternatives to lifting or carrying and will show the benefits of using helpful tools like dollies and carts to prevent back injuries. Viewers will learn the necessary step-by-step safety procedures to prepare the body for safe lifting as well as instruction on how to properly lift under any circumstances. (Spanish version)
Back Safety: The Basics Safety Video	Video	11	Back injuries caused by improper lifting are the most common disabling injuries in the workplace. A person can injure their back in virtually any type of occupation, often to the point they can no longer work in their chosen field, along with having a devastating impact on their overall quality of life. Many of the causes of back injury can be prevented by teaching employees how the back operates and the basics of proper lifting techniques. This video does just that. Great for new or experienced employees.
Backing, Parking and Intersections Safety Video	Video	18	Backing, parking and driving in intersections are three extremely vulnerable moments for a driver that all require the proper knowledge, skill and attention. This presentation will show how to prevent the usual hazards and that present themselves when backing, parking and at intersections. Instruction will be provided on minimizing distractions, handling blind spots and preventing accidents through proper vehicle operation and awareness.
Basic Electrical Safety SS1085IE	Video	11	This video explains the basics of electrical safety in an easy to understand manner. A great program for new employees or experienced employees in need of refresher training.
Basic Electrical Safety SS1085IE (11 Min.)	Video	11	This video explains the basics of electrical safety in an easy to understand manner. A great program for new employees or experienced employees in need of refresher training.
Basic Electrical Safety SS1085IS	Video	11	This video explains the basics of electrical safety in an easy to understand manner. A great program for new employees or experienced employees in need of refresher training. (Spanish Version)
Basic Electrical Safety SS1085IS (11 Min.) Spanish	Video	11	
Basic Respiratory Protection	Course	40	Basic Respiratory Protection
BBP Know The Risk - SS1027BE	Video	13	
BBP Know The Risk - SS1027BS (16 min.) SPANISH	Video	16	
Better Business: Emotional Intelligence	Video	31	Are you emotionally intelligent? We're talking about how you manage your behavior, navigate social situations, and make personal decisions to achieve positive results. This course provides tools, techniques, and tips to be more emotionally intelligent!
BETTER BUSINESS: Ethics	Video	30	Ethics
Beyond Basic Driving: Company Owned Vehicles - SS5066AE (7 min)	Video	7	
Beyond Basic Driving: Company Owned Vehicles - SS5066AS (8 mins.) Spanish	Video	8	

Title	Type	Est. Time	Description
Beyond Basic Driving: Company Owned Vehicles - SS5066AS (8 mins.) Spanish	Video	8	
Beyond Basic Driving: Company Owned Vehicles - SS5066AS (8 mins.) Spanish	Video	8	
Beyond Basic Driving: Utility Cart Safety - SS5065AE (5 mins.)	Video	5	
Beyond Basic Driving: Utility Cart Safety - SS5065AE (5 Mins)	Video	5	
Beyond Basic Driving: Utility Cart Safety - SS5065AS (5 mins.) Spanish	Video	5	
Beyond Basic Driving: Utility Cart Safety - SS5065AS (5 mins.) Spanish	Video	5	
Beyond Basic Driving: Valet Safety - SS5064AE	Video	7	There's so much more to being a safe Valet than just driving. Not to say this program doesn't cover safe driving; it does. But, it goes far beyond that and teaches your Valet how to take care of your customers in an effective way without compromising safety. The program covers detailed information gathered from professionals around the industry and loss control statistics. It's a must see for new Valets or for experienced personnel who may have become complacent and need some retraining.
Beyond Basic Driving: Valet Safety - SS5064AS (8 mins.) Spanish	Video	8	There's so much more to being a safe Valet than just driving. Not to say this program doesn't cover safe driving; it does. But, it goes far beyond that and teaches your Valet how to take care of your customers in an effective way without compromising safety. The program covers detailed information gathered from professionals around the industry and loss control statistics. It's a must see for new Valets or for experienced personnel who may have become complacent and need some retraining. (Spanish version)
Bloodborne Pathogens - Know The Risk SS1027BE	Video	15	Bloodborne Pathogens are a potential hazard in every workplace. Even minor first aid situations can present a potential risk. That's why training is so important. This program takes the mystery out of Bloodborne Pathogens by explaining, in simple terms: What Bloodborne Pathogens are What diseases they can cause and How to prevent exposure.
Bloodborne Pathogens - Know The Risk SS1027BS	Video	15	Bloodborne Pathogens are a potential hazard in every workplace. Even minor first aid situations can present a potential risk. That's why training is so important. This program takes the mystery out of Bloodborne Pathogens by explaining, in simple terms: What Bloodborne Pathogens are What diseases they can cause and How to prevent exposure.
Bloodborne Pathogens Safety Video (Spanish)	Video	20	
Bloodborne Pathogens Training Safety Video	Video	10	

Title	Type	Est. Time	Description
Bloodborne Pathogens: The Final Rule Safety Video (Spanish)	Video	19	
Bridge Learn: Overview for Managers	Course	12	Learn how to use Bridge Learn as a manager.
Bucket Truck Safety - SS1021GE (10 Min.)	Video	10	
Bucket Truck Safety - SS1021GS Spanish	Video	10	
Building a Safety Culture	Course	16	A positive safety culture in the work environment is critical to the success and effectiveness of any health and safety program.
Building a Safety Culture SPANISH	Course	20	A positive safety culture in the work environment is critical to the success and effectiveness of any health and safety program. (Spanish Version)
Chemical Safety (Spanish)	Course	20	Este curso le enseñará a los aprendices a reconocer los riesgos químicos en el lugar de trabajo, siendo capaces de detectarlos, protegerse y comprender los programas de Hazcom existentes.
Child Abuse - Children Depend on You	Course	34	
Chlorine Safety SPANISH	Course	30	The goal of this lesson is to provide awareness training to help workers recognize the occupational hazards and health hazards of chlorine exposure and the exposure controls, and how to respond to a chlorine spill or release. (Spanish Version)
Choices: Reducing Unsafe Acts - SS5045AE - (11 min)	Video	11	Most workplace injuries are the result of one simple thing; choices. That's right, the choices employees make mean the difference between working safely and being injured. This video examines some common unsafe choices employees make in the Hospitality Industry and discusses ways they can make better, safer choices.
Choices: Reducing Unsafe Acts - SS5045AS - (11 min) Spanish	Video	11	Most workplace injuries are the result of one simple thing; choices. That's right, the choices employees make mean the difference between working safely and being injured. This video examines some common unsafe choices employees make in the Hospitality Industry and discusses ways they can make better, safer choices. (Spanish version)
CMVs - Safe Driving Behavior for Commercial Motor Vehicles	Course	35	Safe Driving Behavior for Commercial Motor Vehicles (CMVs)
Cold Stress Quick Course	Video	8	Working under cold conditions can lead to various injuries or health effects, which are collectively known as cold stress. This quick course will cover the basics of where cold stress can occur and how to protect yourself from the dangers of exposure to cold.
Cold Stress Quick Course SPANISH	Video	9	Working under cold conditions can lead to various injuries or health effects, which are collectively known as cold stress. This quick course will cover the basics of where cold stress can occur and how to protect yourself from the dangers of exposure to cold. (Spanish Version)

Title	Type	Est. Time	Description
Communicating Effectively (Global)	Course	60	Effective communication is one of the most important life skills we can learn, and yet it's not something most people put a lot of effort into. We accept that some people are naturally good at public speaking, or are really good at getting their point across in meetings. The truth is, effective communication is a skill, and like any skill, with practice, you can improve. This course will provide you with the necessary knowledge, skills, and confidence to be an effective communicator.
Compressed Gas Safety	Video	30	After completion, employees will be able to compressed gas cylinder hazards, recall practices to safely using compressed gas cylinders and their components, and identify safe methods of moving and storing compressed gas cylinders.
Compressed Gas Safety SPANISH	Video	33	After completion, employees will be able to compressed gas cylinder hazards, recall practices to safely using compressed gas cylinders and their components, and identify safe methods of moving and storing compressed gas cylinders. (Spanish Version)
Computer Security - SPANISH	Course	60	The technology you use at work is subject to threats and cyberattacks. This course covers methods to protect software and data, approaches to ensuring security when online and best practices for password protocol. (Spanish Version)
Confined Space Entry Safety Video	Video	19	
Confined Space Entry SS1055HE	Video	9	Confined Space Entry is a potentially hazardous situation, perhaps even fatal. But it doesn't have to be. If procedures are followed, Confine Space Entry can be done safely and without incident. This video: Defines Confined Space Hazards How to Control Hazards Confined Space Permits Air Testing Emergency Procedures
Confined Space Entry SS1055HS	Video	10	Confined Space Entry is a potentially hazardous situation, perhaps even fatal. But it doesn't have to be. If procedures are followed, Confine Space Entry can be done safely and without incident. This video: Defines Confined Space Hazards How to Control Hazards Confined Space Permits Air Testing Emergency Procedures. (Spanish Version)
Confined Spaces	Course	30	Confined Spaces

Title	Type	Est. Time	Description
Conflict De-Escalation Techniques	Course	60	<p>Conflict. Maybe you're the kind of person who loves getting into an argument (or 9 or 12 of them) before lunchtime. Maybe you love the feeling of your blood boiling, of being yelled at and storming off in a fury and all the other fun things that happen when a simple conversation spirals completely out of control.</p> <p>But if you don't want to live your life that way, then Conflict De-Escalation Techniques is for you. This concise video-based series will provide you with a solid foundation of techniques and strategies for de-escalating even the most contentious of conversations. You'll learn how to improve your active listening, speak with empathy, develop a solution mindset, and avoid falling into the most common traps that consistently increase the likelihood of an exchange going off the rails.</p> <p>This series is also hilarious, and laughing is a great de-escalation technique all by itself. Learning how to avoid arguments and steer conversations in a positive direction are critical skills to master, but that doesn't mean it has to bore you to death. So get ready to enjoy Conflict De-Escalation Techniques. Another training course from The Jeff Havens Company, where we offer serious solutions in a seriously funny way.</p>
Conflict De-Escalation: Recognizing and Removing Biases	Course	60	<p>One of the first steps in conflict de-escalation is approaching that conflict with a clear head and open mind. This video will help you recognize and eliminate any attitudes or preconceived notions that might otherwise hamper your ability to have a calm and rational conversation. You'll also learn a secret about pandas that might help you avoid catastrophe. Enjoy!</p>
Conflict Resolution	Course	60	<p>The cost of conflict in the workplace is significant, both in terms of time and money. Conflicts are estimated to result in over \$359 billion in lost productivity, and an average of 42% of every manager's time is spent dealing with various conflicts.</p> <p>Fortunately, unresolved conflict is the single largest reducible cost in many businesses. Our Conflict Resolution training course will give your team the tools to resolve their issues before they become issues, and they'll have fun doing it. Who knew conflict resolution could be fun? We did. Another training series from The Jeff Havens Company, where we offer serious solutions in a seriously funny way.</p>
Construction - Personal Protective Equipment	Course		Personal Protective Equipment
Construction Safety Orientation Safety Video	Video	14	

Title	Type	Est. Time	Description
Controlling Your Emotions (American English)	Course	60	Learn how to maintain your composure and demonstrate professionalism in a corporate setting, even when tensions are running high, by mastering your emotions. In this course, we'll examine impulsive and defensive behaviors and discuss how to create an action plan for self control. We will also outline tools you can use to manage your emotions more effectively, including the power of positive thinking. This 15-minute course features a convenient modular structure with interactive exercises for a complete learning package. Once you've finished this course, you will have learned how to keep your emotions in check for workplace success.
Courier and Delivery Driver Safety	Course	30	This course will cover the importance of courier and delivery driver safety including common risks and how to protect yourself from hazards like slips, trips and falls, violence, lifting and more.
COVID Safety at Work (California)	Course	60	The spread of COVID-19 across the globe has created new health and safety hazards for organizations to manage. To meet their health and safety obligations and provide a safe workplace for you and your colleagues, your employer is required to deliver COVID-safety training to all workers. Here, you'll learn general information about COVID-19, COVID-related benefits you may be entitled to, and ways to prevent the spread of COVID-19 in your workplace.
COVID-19	Course	48	This course will help you understand what COVID-19 is, who is at risk, how it can spread, what the symptoms are, what to do if you have symptoms, how you can prevent it, what to do at work and myths and facts about COVID-19.
COVID-19 Masks, Coverings, and Respirators	Course	5	This lesson covers the differences between face masks, face coverings, and respirators, such as the N95 mask. The lesson also provides an awareness of an employer's responsibilities for respirator use in the workplace.
CPR - Cardiopulmonary Resuscitation	Course	15	Cardiopulmonary Resuscitation (CPR) Knowing how to perform CPR could be the difference between life and death.
Crane Operator Hand Signals	Course	13	Crane operators spend their working days in a small cab, which may be suspended hundreds of feet above the ground and are responsible for safely lifting and moving heavy loads in various environments. This course will cover basic hand signals and working safely around cranes.
Customer Service in Hospitality - SS5069AE (5 mins.)	Video	5	Customer Service and Hospitality, the two go hand in hand. Customer service is everyone's job at the hotel, not just the Front Desk. This program outlines some do's and dont's of customer service and teaches your associates to make a good impression, regardless of what department they work in.
Cybersecurity - Basics	Course	18	Every company and organization is trying hard to keep their data safe from hackers and cybercriminals. But it's not just about big companies; it's about you too. Cybersecurity matters for your personal computer, your phone, and your tablet as well.,

Title	Type	Est. Time	Description
Cybersecurity - Email Threats	Course	38	In this course, we'll learn about common cyber threats like phishing, ransomware, and malware - focusing, primarily, on email security at work. We'll teach you how to keep your data safe, whether you're in the office, at home, or on the go.
Cybersecurity - Passwords	Video	10	Not having a good password can be a big problem, especially for businesses. When someone's password isn't strong, it's easier for hackers to get into the company's system. This course will cover password best practices to keep you and your business safe.
Cybersecurity - Working Remotely	Course	11	Working remotely can put your own privacy in danger, and it might even cause security problems for your company. In this course, we're going to share some tips that will help you stay safe online, so you can work comfortably and securely.
D.O.T. Shipping of Hazardous Materials Safety Video	Video	17	
Dealing with Difficult Customers: De-escalating Conflict in Phone and Digital Conversations	Course	60	<p>Learn how to tackle the dreaded difficult customer. This course provides strategies for de-escalating confrontational interactions with customers via email, over live chat or on the phone. We profile the six types of customer who are hardest to help and show you how to deal with them. Finally, we provide detailed tips for making the most of phone and digital communication. Guided by audio narration, and engaging with interactive exercises, you will learn:</p> <ul style="list-style-type: none"> The key skills of phone and digital customer service The six types of difficult customer Advanced strategies for dealing with each type Tips and strategies for effective phone-based customer service Tips and strategies for effective customer service through email and live chat <p>The course takes around 20 minutes to complete, and includes a final quiz to test your mastery of the material. At Real Projects, we draw on 15 years' experience in learning design, UX and creative writing to make the whole learner experience engaging and empowering.</p>
De-escalation Techniques for Workplace Conflicts	Course	30	Learning to de-escalate conflicts is crucial for preventing potentially dangerous situations from escalating. The fact of the matter is that Workplace violence can have severe consequences, including physical harm, psychological trauma, and negative impacts on workplace morale and productivity. This course will cover how to effectively manage and resolve conflicts before they escalate, you can contribute to a safer, more secure work environment.
Defensive Driving - SS1067IS - (20 min.) SPANISH	Video	20	Motor vehicle accidents are the leading cause of death for the American worker. Since, virtually everyone drives a vehicle every day for either business or personal reasons, defensive driving training is of vital importance. This program discusses distracted driving, stopping distances, following distances, adverse weather and other defensive driving techniques. (Spanish version)

Title	Type	Est. Time	Description
Defensive Driving Safety Video	Video	20	Motor vehicle accidents are the leading cause of death for the American worker. Since, virtually everyone drives a vehicle every day for either business or personal reasons, defensive driving training is of vital importance. This program discusses distracted driving, stopping distances, following distances, adverse weather and other defensive driving techniques.
Defensive Driving Tactics Retro Safety Video	Video	15	
Delivery Truck Driver SS17013AE	Video	10	Driving a delivery truck safely has its hazards but being informed about certain aspects of the job will help keep you safe. The material covered in this program goes beyond just safe driving. This program addresses Safe Lifting which is not only a part of a Delivery Driver's job, but essential to their health and well-being. Program also addresses Pre-trip inspection, distracted driving, driving in bad weather are also addressed. This is an excellent program for anyone in the delivery business, new or experienced!
Delivery Truck Driver SS17013AS	Video	11	Driving a delivery truck safely has its hazards but being informed about certain aspects of the job will help keep you safe. The material covered in this program goes beyond just safe driving. This program addresses Safe Lifting which is not only a part of a Delivery Driver's job, but essential to their health and well-being. Program also addresses Pre-trip inspection, distracted driving, driving in bad weather are also addressed. This is an excellent program for anyone in the delivery business, new or experienced! (Spanish Version)
Diffusing Anger	Course	60	<p>Diffusing Anger is part of the Cutting Edge Communication Comedy Series. A powerful training series covering over 80 workplace topics every workplace needs to address. Short, sharp and funny with simple messages and skills for everyone.</p> <p>Cutting Edge Communication follows several characters through a landscape of social faux pas, insult and embarrassment. This series will amaze and entertain, covering important lessons in human interaction, motivation, leadership, service, unprofessional behavior, apologizing, negotiating, stress, and difficult people, among many other workplace hot button issues.</p> <p>In Diffusing Anger, Marcus runs a training session to help staff manage anger, and invites Serena as the anger management expert, which makes Carol angry. Marcus uses a toy crocodile and some boxing kangaroos to get the messages across, but when Michael and Sam are asked to demonstrate their anger management skills the role-play escalates into an embarrassing situation.</p>
Dishwasher Safety Video	Video	10	
Distracted Driving	Course	23	The purpose of this lesson is to heighten drivers' awareness of the dangers of distracted driving and identify ways to stay safe when sharing the road with distracted drivers.

Title	Type	Est. Time	Description
Distracted Driving SPANISH	Course	10	After completion, learners will be able to define distracted driving, describe why drivers take driving risks, identify three types of distracted driving, describe the consequences of distracted driving, and identify techniques for driving safely. (Spanish Version)
Distracted Driving: Make The Correct Choice - SS1068IE (13 min.)	Video	13	<p>In today's busy world, distractions are everywhere, especially behind the wheel. Phones, Ipods, texting, talking, you name it, they're all distractions. The temptation to use these devices behind the wheel is very real. This program identifies these hazards, exposes the dangers they present and offers practical advice on how to remain focused behind the wheel.</p> <p>Statistics show that up to 63% of all motor vehicle crashes are due in whole, or in part to distracted driving. In fact, distracted driving is rapidly becoming the largest contributor to serious and fatal vehicle crashes. This all-new video will help prevent you and your employees from becoming one of these statistics.</p>
Diversity, Equity and Inclusion (US Version)	Course	60	<p>Diversity, equity and inclusion are evolving subjects that can feel tricky to navigate. Although most people see the benefits of a diverse and inclusive working environment, many lack the understanding and confidence to be proactive and play a positive role.</p> <p>This course focuses on providing learners with the skills and confidence to not only comply with legal requirements but to be allies and help make the workplace a more supportive and inclusive environment. We demystify the subjects you may have read about or seen in the media and help you navigate them in your world.</p> <p>(US Version)</p>
DOT Alcohol and Drug Rules	Course	49	
DOT Hazmat: Driver and Carrier Responsibilities	Course	25	Transportation - DOT Driver and Carrier Responsibilities
DOT Hazmat: Fundamentals of Hazardous Materials	Course	25	Transportation - DOT Fundamentals of Hazardous Materials
DOT Hazmat: Identifying Hazardous Materials	Course		Transportation - DOT Identifying Hazardous Materials
DOT Hazmat: Incident Response and Transport Security	Course	20	Transportation - DOT Incident Response and Transport Security
DOT Hazmat: Packaging Hazardous Materials	Course		This is Lesson 3 of a five-lesson hazardous materials transportation awareness curriculum. The purpose of the lesson is to provide individuals who are involved with the transportation of hazardous materials with an awareness level understanding of how to package hazardous materials. This awareness-level course has been prepared to meet the intent of the Federal DOT hazardous material regulations, Title 49 CFR, Parts 172 through 173.
Drinking and Driving - A Fatal Decision	Course	20	

Title	Type	Est. Time	Description
Driver Safety SPANISH	Course	30	This course looks at what it takes to become a safer more aware driver, by providing tools to identify driving hazards, actions to reduce the risk of vehicle accidents, and what to do in an emergency. (Spanish Version)
Drug Free Workplace - Employee	Course	29	
Drug Free Workplace - Supervisor	Course	36	
Drunk Driving - Every 15 Minutes	Course	15	
Dump Truck Safety SSC020PE	Video	8	
Earthquake Safety Video	Video	13	
Electric Pallet Jacks Safety Video	Video	12	
Electrical Safety - Construction	Course	40	Construction - Electrical Safety
Electrical Safety Video	Video	15	
Electrical Safety Work Practices and Standards / includes Arc Flash	Course		Electrical Safety Work Practices and Standards / includes Arc Flash
Emergency Preparedness at Work Safety Video (Spanish)	Video	16	
Emergency Preparedness at Work video	Video	15	
Emotional Intelligence	Course	30	You might think work is not the place for strong emotions. That it's a place to be professional and in control. Yet in fact, emotions are everywhere and your workplace is an intensely emotional place, even if you don't yet recognise it. Research shows that emotional intelligence is perhaps the most important factor in academic success, job performance, and life success. It's even considered more important than IQ! This course will help you to understand emotional intelligence, both internally and externally.
EMP - Drug- and Alcohol-Free Workplace Overview	Course		Drug- and Alcohol-Free Workplace Overview
EMP - Violence in the Workplace Overview	Course		EMP - Violence in the Workplace Overview
Employee Safety Orientation - Hospitality SS5001AS Spanish	Video	11	
Employee Safety Orientation - Hospitality SS5001AE	Video	11	
Employee Safety Orientation Safety Video	Video	14	
Environmental Management	Course	20	Environmental Management
EPCRA - Emergency Planning and Community Right-to-Know Act	Course	30	Emergency Planning and Community Right-to-Know Act (EPCRA)
ESSENTIAL 29: Active Shooter Response	Video	20	Active Shooter Response

Title	Type	Est. Time	Description
ESSENTIAL 29: Aerial and Scissor Lift Safety	Video	40	Aerial and Scissor Lift Safety
ESSENTIAL 29: Back Safety and Injury Prevention	Video	40	OSHA - Back Safety and Injury Prevention
ESSENTIAL 29: BBP - Bloodborne Pathogens	Video	40	OSHA - Bloodborne Pathogens
ESSENTIAL 29: Cold Stress	Video	14	The goal of the course is to create awareness of the hazards inherent to working in cold environments. Additionally, the course identifies the nature, symptoms and treatment of cold stresses and precautions employees should take to protect themselves.
ESSENTIAL 29: Confined Space Entry - Permit Required	Video	30	Confined Space Entry - Permit Required
ESSENTIAL 29: Driver Safety	Video	20	OSHA - Driver Safety
ESSENTIAL 29: Drug and Alcohol-Free Workplace	Video	20	Drug- and Alcohol-Free Workplace
ESSENTIAL 29: Electrical Safety	Video	40	Electrical Safety
ESSENTIAL 29: Emergency Response	Video	25	This course covers emergency action plans and emergency response procedures, alarm systems, emergency exit routes, natural disasters, and other emergency situations such, violence, and hazmat spills.
ESSENTIAL 29: Fall Protection	Video	30	Construction - Fall Protection
ESSENTIAL 29: Fire Extinguisher Basics	Video	20	Portable Fire Extinguisher Safety
ESSENTIAL 29: Fire Safety	Video	30	This course covers, the elements and dangers of fire, regulatory requirements for fire prevention plans, housekeeping guidelines for fire prevention, emergency exits and their components, and actions to take in response to a fire alarm.
ESSENTIAL 29: First Aid - Fundamentals	Video	40	After completing this course, learners will be able to explain initial responder responsibilities, identify legal and ethical issues related to being a first responder, and explain when it is appropriate to move injured patients and how it should be done.
ESSENTIAL 29: GHS Hazcom - Hazard Communication	Video	40	OSHA - Hazard Communication
ESSENTIAL 29: Hearing Conservation	Video	20	Hearing Conservation
ESSENTIAL 29: Heat Stress	Video	40	Heat Stress
ESSENTIAL 29: Ladder Safety	Video	22	Upon completion of the course learners will understand common hazards of ladder use, recognize types of ladders, requirements for use, fall prevention techniques, and how to inspect ladders before and after use to ensure safe use.
ESSENTIAL 29: LOTO - Lockout-Tagout	Video	24	Workers injured on the job from exposure to hazardous energy lose an average of 24 workdays for recuperation. This course covers the purpose of LOTO, locks and tags and their use, and the differences between authorized, affected and other employees.
ESSENTIAL 29: Machine Guarding	Video	40	Machine Guarding

Title	Type	Est. Time	Description
ESSENTIAL 29: Materials Handling	Video	25	This lesson will discuss techniques and methods that can be implemented in any workplace to reduce the risk of back pain. Materials handling is fundamental and can't be avoid, but with the proper skills it doesn't have to be a workplace hazard.
ESSENTIAL 29: Office Safety	Video	25	This course will educate you on the importance of office safety. You may be thinking, if the worst that can happen is a paper cut, why do we need to talk about safety training? Because a paper cut isn't the worse that can happen.
ESSENTIAL 29: Powered Industrial Truck Safety	Video	30	This course focuses on the safe operation of Powered Industrial Trucks. This training is designed for operators, supervisors, and employees where PITs are used. It helps drivers identify safe/unsafe operating behaviors and hazardous conditions.
ESSENTIAL 29: PPE - Personal Protective Equipment: Respiratory Protection	Video	8	Every day workers perform duties in dirty, dusty, toxic, and low/no oxygen environments. The focus of this course is to educate workers on the types and use requirements of respiratory equipment and how it can be used to prevent illness and death.
ESSENTIAL 29: Sexual Harassment for Employees	Video	30	Sexual harassment damages employees and companies. This course will help employees identify behaviors that might be considered sexual harassment, ways to prevent sexual harassment, and steps for employees and managers to take if harassment occurs.
ESSENTIAL 29: Slips, Trips & Falls	Video	20	Slips, trips & falls are the 2nd leading cause of workplace deaths. They are also the leading cause of workplace accidents with over 200,000 reported every year. This course will cover what safety laws say about slips, trips & falls, what hazards to look out for and how you can avoid slips, trips and falls when you work.
ESSENTIAL 29: Struck-by and Caught-Between	Video		Struck-by and caught between injuries are one of the top four causes of fatal injuries in the construction industry. Over half of the injuries in the oil and gas industry are caused from struck-by and caught-between incidents. Workers in the manufacturing sector also face struck-by and caught between hazards from the machines and equipment they work with and around. This course will cover common struck-by and caught-between hazards and strategies for preventing incidents and injuries.
ESSENTIAL 29: Violence in the Workplace	Video	20	OSHA has defined workplace violence as violence or the threat of physical violence against workers. Workplace violence can occur at the workplace or anywhere a job takes an individual, and can also range from threats and verbal abuse to physical assaults and murder. Perhaps obviously, Active Shooter events are categorized as workplace violence.
ESSENTIAL 29: WHMIS 2015 - Forced Duration	Video	45	The Workplace Hazardous Materials Information System, or WHMIS, incorporates global standards for hazard communication called the Globally Harmonized System (GHS). You'll learn how to understand labels, recognize hazards, and stay safe around dangerous materials.
EWT - Communications Facilities	Course		EWT - Communications Facilities
EWT - Electrical Clearances	Course		EWT - Electrical Clearances

Title	Type	Est. Time	Description
EWT - Enclosed Spaces	Course		EWT - Enclosed Spaces
EWT - Excavations	Course		Excavations
EWT - General Concepts	Course		EWT - General Concepts
EWT - Grounding	Course		EWT - Grounding
EWT - Hand and Portable Power Tools	Course		EWT - Hand and Portable Power Tools
EWT - Hazardous Energy Control Procedures	Course		EWT - Hazardous Energy Control Procedures
EWT - Job Briefings	Course		Job Briefings
EWT - Ladders, Platforms, Step Bolts, and Manhole Steps	Course		EWT - Ladders, Platforms, Step Bolts, and Manhole Steps
EWT - Line-Clearance Tree Trimming	Course		EWT - Line-Clearance Tree Trimming
EWT - Mechanical Equipment	Course		EWT - Mechanical Equipment
EWT - Medical Services and First Aid	Course		EWT - Medical Services and First Aid
EWT - Overhead Lines	Course		EWT - Overhead Lines
EWT - Overhead Lines with Live-Line Bare-Hand Work	Course		EWT - Overhead Lines with Live-Line Bare-Hand Work
EWT - Personal Protective Equipment	Course		EWT - Personal Protective Equipment
EWT - Power Generation	Course		EWT - Power Generation
EWT - Special Conditions and Materials Handling	Course		EWT - Special Conditions and Materials Handling
EWT - Substations	Course		EWT - Substations
EWT - Testing and Test Facilities	Course		EWT - Testing and Test Facilities
EWT - Underground Electrical Installations	Course		EWT - Underground Electrical Installations
EWT - Vault and Pole-Top Rescue	Course		EWT - Vault and Pole-Top Rescue
Excavation and Trenching - SPANISH	Course	27	Los trabajos de excavacion y zanjas matan a mas de 50 trabajadores al año. Los empleados aprenderan a identificar los riesgos de excavacion y zanja, las practicas de trabajo seguras y los sistemas de proteccion, así como a recordar los requisitos de proteccion contra derrumbes diseñados para mantener a los trabajadores seguros.
Excavation, Trenching, and Shoring Safety	Course	20	Trenching and excavation work kills 50+ workers annually. Employees will learn to identify excavation and trenching hazards and safe work practices and protective systems, as well as recall cave-in protection requirements designed to keep workers safe.
Eye Care - Construction Safety Video	Video	14	
Eye Protection Safety Video	Video	11	
Eye Safety Basics Safety Video (Spanish)	Video	12	

Title	Type	Est. Time	Description
Eye Safety Basics Video	Video	12	
Fall Protection - Canada	Course	20	Falls at work cause disabling injuries and death. The purpose of this course is to bring awareness to fall hazards, effects of free-fall and sudden arrest, and proper use of Fall Protection, Work Positioning, Fall Restraint, and Fall Arrest systems.
Fall Protection - SPANISH	Course	30	The construction industry has an average of over 360 fatal falls per year. The purpose of this course is to bring awareness to fall hazards and the proper use of Fall Protection, Work Positioning, Fall Restraint, and Fall Arrest systems. (Spanish Version)
Fall Protection Safety Video	Video	21	
Fall Protection: Fixed Ladders, Catwalks & Stairs - SS16025AE (8 min.)	Video	8	
Fall Protection: Fixed Ladders, Catwalks & Stairs - SS16025AS Spanish	Video	9	
Fire Extinguisher Basics - SPANISH	Course	12	Fire extinguishers are one of the most reliable ways to put out fires in the workplace. Fire extinguishers are not a requirement, but if employers choose to provide them they must train workers in general fire extinguisher use to comply with standards. In this course, you will be able to Identify fire and extinguisher basics, Evaluate conditions to determine whether to evacuate or fight the fire and Demonstrate the techniques used to extinguish a fire. (Spanish Version)
Fire Extinguisher Training - SS1044FS SPANISH VERSION	Video	6	
Fire Extinguisher Training Safety Video (Spanish)	Video	19	
Fire Extinguisher Training SS1019F	Video	5	
Fire Prevention - SS1019DE	Video	8	
Fire Prevention - SS1019DS (7 min.) (Spanish)	Video	7	
Fire Prevention 101 - SS5068AE (5 mins)	Video	5	
Fire Prevention 101 - SS5068AS - SPANISH	Video	5	
Fire Prevention 101 - SS5068AS (5 mins) Spanish	Video	5	
Fire Safety - SPANISH	Course	50	This course covers, the elements and dangers of fire, regulatory requirements for fire prevention plans, housekeeping guidelines for fire prevention, emergency exits and their components, and actions to take in response to a fire alarm. (Spanish Version)
Fire Warden Training	Course	55	This course covers the proactive and reactive duties as a Fire Warden. It will cover when it is and isn't safe to fight a fire and how to use the various types of fire extinguishers accordingly.

Title	Type	Est. Time	Description
First Aid - Burns	Course	20	In this course, you'll learn how to prevent burns from occurring at work, recognize the degree of a burn, provide first aid for different degrees of burns, and provide first aid for special types of burns, including electrical burns, burns from chemical spills, and thermal (heat) burns.
First Aid - Burns (Spanish)	Course	23	En este curso, aprendera a evitar que se produzcan quemaduras en el trabajo, a reconocer el grado de una quemadura, a prestar primeros auxilios para diferentes grados de quemaduras y a prestar primeros auxilios para tipos especiales de quemaduras, incluidas las quemaduras electricas, las quemaduras por derrames químicos y las quemaduras termicas (por calor).
First Aid: Choking	Course	10	This lesson provides instruction on how to respond to an airway obstruction (choking) until professional medical help arrives. Upon completion, learners will be able to recognize and respond to partial and complete airway obstructions.
First Aid: Environmental Emergencies	Course	10	After completing this course, learners will be able to recognize and respond to poisoning, chemical splashes, hot and cold emergencies and other environmental emergencies.
First Aid: Medical Emergencies	Course	17	The purpose of this course is to educate employees on how to appropriately respond to medical emergencies such as respiratory distress, diabetes, hypoglycemia, seizures, fainting and stroke.
First Aid: Musculoskeletal Injuries	Course	11	OSHA - First Aid - Musculoskeletal Injuries
First Aid: Soft Tissue Injuries	Video	20	This course covers how to respond to trauma related soft tissue emergencies including cuts, puncture wounds and impaled objects injuries, burn injuries and electrical injuries.
Flammable & Combustible Liquids - Hazards	Course	25	Flammable and combustible liquids are liquids that can burn. How can workers prevent these liquids from igniting and what to do if a fire occurs?
Flammable and Combustible Liquids - Hazards - SPANISH	Course	28	Los líquidos inflamables y combustibles son líquidos que pueden arder. Como pueden los trabajadores evitar que estos líquidos se enciendan y que hacer si se produce un incendio?
Flammable Liquids Safety SPANISH	Course	40	This course will cover flammable liquid safety including emergency evacuation, Use of portable fire extinguishers, spill response procedures, use, handling practices, procedures (including storage and transfer), area limitations such as no-smoking rules, open-flame rules, etc., ventilation systems, housekeeping procedures and special concerns. (Spanish Version)
Flammable Liquids Safety Video	Video	9	
Forklift Operator Lesson: Fundamentals	Video	40	Before operating a forklift, it is essential that operators know the basics about forklift safety and operating. Part one in a six-part program covers the fundamentals of operating a forklift.
Forklift Operator Lesson: Inspection and Maintenance	Video	40	This course covers forklift inspection criteria, and procedures for maintenance, refueling and recharging units.
Forklift Operator Lesson: Load Handling	Video	40	Upon completion, learners will be able to describe procedures for safe load handling, including how to safely pick up, travel with, unload and stack a load, including the safest way to travel up and down ramps with or without a load.

Title	Type	Est. Time	Description
Forklift Operator Lesson: Safe Driving Practices	Video	40	This course covers safe driving practices for forklift safely, including how to recognize hazardous driving conditions, safe practices for working around pedestrians, and safe work practices on loading docks.
Forklift Operator Lesson: Stability and Capacity	Video	40	Forklift tip-overs and unstable loads are dangerous. This course covers forklift stability and capacity principles, the stability triangle and its importance in safe operation, and other principles of safe forklift operation.
Forklift Operator Training - SS1024GE	Video	17	
Forklift Operator Training - SS1024GE (18 min.)	Video	18	
Forklift Operator Training Safety Video (Spanish)	Video	17	
Forklift Safety: The Experienced Operator - SS1022GE (14 min.)	Video	14	
Forklift Safety: The Experienced Operator - SS1022GS (14 min.) SPANISH VERSION	Video	14	
Forklifts and the Pedestrian SS1038GE	Video	8	The most common accident seen in forklifts is striking a pedestrian. This means as a pedestrian you need to be extremely vigilant when working around forklifts, and the same goes for the forklift operator too. This program focuses on the safety of pedestrians, and the things you can do to make sure you will have a safe workday.
Forklifts and the Pedestrian SS1038GS	Video	8	The most common accident seen in forklifts is striking a pedestrian. This means as a pedestrian you need to be extremely vigilant when working around forklifts, and the same goes for the forklift operator too. This program focuses on the safety of pedestrians, and the things you can do to make sure you will have a safe workday. (Spanish Version)
Formaldehyde Safety	Course	30	Upon completion, the learner will recognize the hazards and health effects of exposure to formaldehyde and formaldehyde-based products, how exposure occurs, and controls to ensure safety, including exposure, accidental spills or release.
FUNDAMENTAL 55: Asbestos Hazard Awareness	Video	20	Asbestos is an incredibly dangerous material that has caused thousands of deaths. In this course, learners will be trained to understand the dangers of exposure and inhalation of asbestos as well as how to minimize exposure of the toxic material.
FUNDAMENTAL 55: Asbestos Hazard Awareness - Canada	Video	20	Asbestos is an incredibly dangerous material that has caused thousands of deaths. In this course, learners will be trained to understand the dangers of exposure and inhalation of asbestos as well as how to minimize exposure of the toxic material.
FUNDAMENTAL 55: Behavior-Based Safety	Course	25	Behavioral-based safety is a tool to help the safety and productivity of a workforce. Users will learn methods and tools to eliminate hazards and prevent injuries, behavior-based safety terms, and steps to implementing a behavior-based safety program.
FUNDAMENTAL 55: Cannabis Workplace Safety	Course	25	This course will cover workplace safety regarding cannabis use.

Title	Type	Est. Time	Description
FUNDAMENTAL 55: Chemical Safety	Course	25	This course covers hazards common to handling and use of chemicals, methods for gauging chemical exposure and protecting against exposure, safe practices for chemical storage and waste disposal, and emergency response to chemical spills.
FUNDAMENTAL 55: Chlorine Safety	Course	25	The goal of this lesson is to provide awareness training to help workers recognize the occupational hazards and health hazards of chlorine exposure and the exposure controls, and how to respond to a chlorine spill or release.
FUNDAMENTAL 55: Computer Security	Course	35	The technology you use at work is subject to threats and cyberattacks. This course covers methods to protect software and data, approaches to ensuring security when online and best practices for password protocol.
FUNDAMENTAL 55: Discrimination-Free Workplace	Course	35	Failure to prevent workplace discrimination can be a costly decision, causing harm to both employees and employers. This course will help employees become familiar with discrimination laws and recognize the importance of a discrimination-free workplace.
FUNDAMENTAL 55: Flammable Liquid Safety	Course	40	This course covers the characteristics and hazards of flammable liquids, safety requirements for their use, including storage, the principles of flashpoint, and the steps for inspecting inventories of flammable liquids in the workplace.
FUNDAMENTAL 55: Hand and Power Tools	Course	40	Employees will be able to recognize different types of tools, including manual, electric, pneumatic, hydraulic, liquid-fueled, powder-actuated, and abrasive wheel tools, identify hazards of use, and recall safe work procedures for each type of tool.
FUNDAMENTAL 55: Hand Safety	Course	25	The hands are involved in almost everything a worker does. To prevent injuries workers must be able to identify hand hazards, understand how to prevent hand injuries, and know the different types of hand protection and when to use them.
FUNDAMENTAL 55: Hot Work	Course	30	This course covers the hazards of hot work, requirements for performing hot work, equipment and precautions to ensure the safety of hot work employees, and safety practices for arc welding and cutting and oxygen-fuel gas cutting and welding.
FUNDAMENTAL 55: Incident Investigation	Course	40	This course covers the purpose and benefits of incident investigations and investigation methods, as well as common practices for information gathering and documentation, and tools for determining root cause and implementing corrective actions.
FUNDAMENTAL 55: Industrial Ergonomics	Course	30	Poor ergonomics can cause pain and injury. This course covers the purpose of ergonomics, common ergonomic problems and their signs and symptoms, and how changes in habits and workspace arrangement can reduce ergo related problems.
FUNDAMENTAL 55: Introduction to Radiation Safety	Course	28	There is always a risk of damage to cells or tissue from being exposed to any amount of ionizing radiation. This course will go over what radiation is, how much is dangerous and safety practices.

Title	Type	Est. Time	Description
Fundamental 55: Job Hazard Analysis	Course	15	The Job Hazard Analysis (JHA) is a technique for assessing hazards associated with jobs performed at the workplace. Learners will discover the importance of performing JHA's and six steps in performing a JHA.
FUNDAMENTAL 55: Laboratory Safety	Course	30	Upon completion of this course learners will understand potential laboratory dangers and lab safety procedures. This will be done by learning about common lab hazards, safe work practices, and proper equipment set up and use.
FUNDAMENTAL 55: Lead Awareness	Video	35	Almost 95% of elevated blood lead levels among adults are work-related. Upon completion, you will recall hazards and health effects of lead exposure, ways to determine if there is lead in your workplace, and how to control lead exposure.
FUNDAMENTAL 55: NFPA 70E Arc Flash	Course	40	This course covers electrical regulations, arc flash/arc blast hazards, arc flash risk analysis, flash protection and approach boundaries, PPE and levels of protective clothing, and safe work practices to protect workers around live and exposed parts.
FUNDAMENTAL 55: Office Ergonomics	Course	35	Learning about ergonomics can prevent injury. This course explains why ergonomics helps prevent office injuries, provides ideas and procedures to prevent pain or injury, and describes strategies for the office to be more ergonomic.
FUNDAMENTAL 55: PPE Fundamentals	Course	25	Wearing PPE is sometimes the only control for specific hazards. The focus of this course is to help employees identify types of PPE and the hazards they protect against, explain characteristics of PPE and worker and employer PPE responsibilities.
FUNDAMENTAL 55: Safety Audits	Course	12	While not all industries require safety audits to be conducted in the workplace, having regular safety audits performed can help you determine how effective your safety programs are. This course will cover the basics of a safety audit.
FUNDAMENTAL 55: Scaffold Safety	Course	40	After completing this course, the learner will recognize types of scaffolds, scaffold hazards, including electrical, structural, falls, and falling objects, and will demonstrate proper use of procedures for working on or near scaffolds.
FUNDAMENTAL 55: Workspace Cleanliness	Video	5	This course will identify the hazards that arise from failing to maintain workspace organization. Good housekeeping implies that a workplace is kept in an organized, uncluttered, and hazard-free condition. While this is a relatively simple concept, the benefits that can be realized from good housekeeping practices are far reaching and affect not only workers' safety but also their health and productivity.
Garage/Repair Shop Safety - SS7022AE	Video	16	
General Electrical Safety Video	Video	16	
GHS - Hazard Communications - SS5049AS SPANISH	Video	5	
GHS - Hazard Communications SS5049AE	Video	5	

Title	Type	Est. Time	Description
GHS - Hazardous Materials Labels SS2001FE	Video	8	This GHS Container Labeling Training Video will help your employees understand the six types of information contained on a Globally Harmonized System (GHS) label as well as how to understand the 9 types of pictograms used in a GHS labeling program. This training DVD was created specifically to help you with the OSHA GHS compliance standard
GHS - Hazardous Materials Labels SS2001FS	Video	8	This GHS Container Labeling Training Video will help your employees understand the six types of information contained on a Globally Harmonized System (GHS) label as well as how to understand the 9 types of pictograms used in a GHS labeling program. This training DVD was created specifically to help you with the OSHA GHS compliance standard.
GHS - Safety Data Sheets SS2002FE	Video	5	Explains the new GHS format for Safety Data Sheets (SDS's) adopted by OSHA when they revised their hazard communication standard. Available in English & Spanish
GHS - Safety Data Sheets SS2002FS	Video	5	Explains the new GHS format for Safety Data Sheets (SDS's) adopted by OSHA when they revised their hazard communication standard. Available in English & Spanish. (Spanish Version)
GHS - The Basics SS1050FE	Video	5	GHS or Globally Harmonized System is a method of identifying chemicals and their associated hazards. This video provides viewers with the basics of this program and describes the resources they can use to properly identify the hazards they may face, protective measures to minimize these hazards and other pertinent information.
GHS - The Basics SS1050FS	Video	5	GHS or Globally Harmonized System is a method of identifying chemicals and their associated hazards. This video provides viewers with the basics of this program and describes the resources they can use to properly identify the hazards they may face, protective measures to minimize these hazards and other pertinent information. (Spanish Version)
GHS Hazcom - Hazard Communication - SPANISH	Course	40	This course details the purpose of a hazard communication program and Safety Data Sheets, physical and health hazards of chemicals, labels and warnings used to identify chemical hazards, and information and training that should be supplied by an employer.
Gory Story: Fire Prevention Safety Video	Video	19	
Grain Elevator Safety - SS16026AE (10 min.)	Video	10	
Grain Elevator Safety - SS16026AS Spanish	Video	13	
H2S Hydrogen Sulfide Awareness	Video	18	In this course you'll learn about the chemistry of Hydrogen Sulfide and how it is formed, the properties and characteristics of the gas, where Hydrogen Sulfide is likely to be located in your workplace, the potential health hazards of short term and long term H2S exposure, how to work safely with Hydrogen Sulfide and emergency response steps to take should you or a co-worker be exposed to this gas.

Title	Type	Est. Time	Description
H2S Hydrogen Sulfide Awareness SPANISH	Video	20	In this course you'll learn about the chemistry of Hydrogen Sulfide and how it is formed, the properties and characteristics of the gas, where Hydrogen Sulfide is likely to be located in your workplace, the potential health hazards of short term and long term H2S exposure, how to work safely with Hydrogen Sulfide and emergency response steps to take should you or a co-worker be exposed to this gas. (Spanish Version)
Hand & Power Tool - Construction Safety Video	Video	19	
Hand And Power Tool Safety Safety Video (Spanish)	Video	13	
Hand and Power Tool Safety Video	Video	13	
Hand and Power Tools - Construction	Course	35	Employees will be able to recognize different types of tools, (manual, electric, pneumatic, hydraulic, liquid-fueled, powder-actuated, and abrasive wheels), identify hazards of use, and recall safe work procedures for each type of tool.
Hand Safety - You Control It Safety Video	Video	13	
Hand Safety: You Control It Safety Video (Spanish)	Video	12	
Hands, Wrist & Fingers - Construction Safety Video	Video	12	
Hazard Communication - Construction Safety Video	Video	22	
Hazard Communication and Health Hazards - Construction	Course	40	Thousands of workers are harmed each year from chemical exposure. This course helps employees explain the purpose and of the Hazard Communication Standard, identify chemical hazards, and read and understand SDS's, chemical labels and symbols.
Hazard Communication Safety Video (Spanish)	Video	17	
Hazard Communications - SS1035AE (17 Min.)	Video	17	
Hazard Communications - SS1035AS (17 Min.) SPANISH VERSION	Video	17	
Hazard Communications - SS5028AE	Video	11	
Hazard Communications - SS5028AS Spanish	Video	11	
Hazardous Materials In A School Environment	Course	14	
Hazardous Waste Management	Course	65	This course covers the three classifications of waste generators under RCRA, examples of hazardous, universal and potentially hazardous waste, labeling, storage, disposal, transportation and emergency requirements for hazardous waste.
HAZWOPER: Chemical Protective Clothing - SS1039FE	Video	10	
HAZWOPER: Chemical Protective Clothing - SS1039FS Spanish	Video	11	
HAZWOPER: Donning/Doffing/Decontamination - SS1041FE	Video	15	

Title	Type	Est. Time	Description
HAZWOPER: Donning/Doffing/Decontamination - SS1041FS Spanish	Video	16	
HAZWOPER: Identifying Hazardous Materials - SS1036FE	Video	13	
HAZWOPER: Identifying Hazardous Materials - SS1036FS Spanish	Video	14	
HAZWOPER: Medical Surveillance Program - SS1037FE	Video	13	
HAZWOPER: Medical Surveillance Program - SS1037FS (14 min.) Spanish	Video	14	
HAZWOPER: On-Site Safety Considerations - SS1038FE	Video	15	
HAZWOPER: On-Site Safety Considerations - SS1038FS Spanish	Video	12	
HAZWOPER: Orientation - SS1035FE	Video	14	
HAZWOPER: Orientation - SS1035FS Spanish	Video	14	
HAZWOPER: Respiratory Protection - SS1040FE	Video	17	
HAZWOPER: Respiratory Protection - SS1040FS Spanish	Video	18	
HAZWOPER: Site Safety & Health Plan - SS1042F	Video	16	
Hearing Conservation - Canada	Course	7	In this course, employees learn how to identify noise hazards that could damage hearing, factors that determine the extent of hearing loss, when hearing protection is required, and steps to take to reduce potential hearing damage.
Hearing Conservation Safety Video	Video	20	
Hearing Conservation Safety Video (Spanish)	Video	11	
Hearing Conservation: The Facts Safety Video	Video	20	
Hearing Loss Prevention - You Decide What to Hear Safety Video	Video	12	
Heat Stress Facts Prevention SSG001E	Video	9	Heat Illness...it can happen to just about anybody working in hot or humid conditions. It can be serious. It can be fatal. But, it' doesn't have to be. A few simple, easy to do steps can mean the difference between just another day at work and a serious medical emergency. This video outlines these steps in an easy to understand manner.
Heat Stress Facts Prevention SSG001S	Video	11	Heat Illness...it can happen to just about anybody working in hot or humid conditions. It can be serious. It can be fatal. But, it' doesn't have to be. A few simple, easy to do steps can mean the difference between just another day at work and a serious medical emergency. This video outlines these steps in an easy to understand manner. (Spanish Version)

Title	Type	Est. Time	Description
Heat Stress: Facts and Prevention - SS1007IE	Video	10	
Heat Stress: The Facts - Safety Video	Video	17	
Heat Stress: The Facts - Safety Video (Spanish)	Video	17	
Home Health Care - Body Mechanics SS701	Video	14	
Home Health Care - Body Mechanics SS701 SPANISH	Video	5	
Home Health Care - Elder/Child Abuse and Neglect SS706	Video	12	
Home Health Care - Elder/Child Abuse and Neglect SS706 (SPANISH)	Video	10	
Home Health Care - Slips, Trips and Falls SS702	Video	6	
Home Health Care - Slips, Trips and Falls SS702 SPANISH	Video	7	
Home Health Care - Workplace Violence SS705	Video	7	
Home Health Care - Workplace Violence SS705 (SPANISH)	Video	8	
Hospitality Security: The Basics - SS5044AE	Video	12	
Hospitality Security: The Basics - SS5044AS (12 min.) Spanish	Video	12	
Housekeeper Training - SS5005AE	Video	10	
Housekeeper Training - SS5005AS Spanish	Video	9	
Housekeeping Safety Video (Spanish)	Video	11	
Housekeeping: Slips, Trips and Falls Facts Prevention - SSCN001	Video	6	
How To Comply With The Globally Harmonized System (GHS) Safety Video	Video	15	
How To Comply with the Globally Harmonized System (GHS) Safety Video (Spanish)	Video	18	
Human Trafficking	Course	27	In this course, we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.

Title	Type	Est. Time	Description
Human Trafficking - California	Course	27	In this course written for the state of California, we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.
Human Trafficking - Florida	Course	27	In this course written for the state of Florida, we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.
Human Trafficking - Texas	Course	27	In this course written for the state of Texas, we'll explore the definition of human trafficking, identify the signs of potential trafficking victims, and understand its impact on the hospitality and dining sectors. We'll discuss the steps to take if you suspect trafficking activities in your workplace. For managers, specific preventative measures will be outlined to combat human trafficking within your establishments.
Hurricane Preparedness	Video	15	Hurricanes are dangerous and can cause major damage because of storm surge, wind damage, and flooding. They typically form around the equator, but hurricanes can hit much more Northern or Southern coastlines and any territory in the Atlantic or Pacific oceans.
Hurricane Preparedness - SPANISH	Video	26	Hurricanes are dangerous and can cause major damage because of storm surge, wind damage, and flooding. They typically form around the equator, but hurricanes can hit much more Northern or Southern coastlines and any territory in the Atlantic or Pacific oceans. This course will help you understand how to prepare for a hurricane. (Spanish Version)
Hydrogen Sulfide Safety	Course	30	This course covers the hazards and health effects of hydrogen sulfide exposure, methods used to detect, monitor and warn of hydrogen sulfide, and ways to protect against exposure, as well as responses to hydrogen sulfide exposures and emergencies.
ICW Prism demo	Course	1	
Incident and Accident Investigation	Course		When accidents and incidents are investigated, the emphasis should always be concentrated on finding the root cause so you can prevent the event from ever happening again. The purpose of any investigation is to find all of the facts that can lead to corrective actions, not to find fault. This course is an introduction to accident investigation.
Incident and Accident Investigation - SPANISH	Course	120	When accidents and incidents are investigated, the emphasis should always be concentrated on finding the root cause so you can prevent the event from ever happening again. The purpose of any investigation is to find all of the facts that can lead to corrective actions, not to find fault. This course is an introduction to accident investigation. (Spanish Version)

Title	Type	Est. Time	Description
Incident Investigation Safety Video	Video	17	
Incident Investigation Safety Video (Spanish)	Video	18	
Individual Anger Management	Course	60	<p>Anger is unavoidable, but the way it is expressed can be controlled. This course explains how to handle your emotions in a healthy, workplace-appropriate manner. We outline the concept of anger and why it is important, describe some responses to anger and when they can become problematic. The course addresses the relationship between anger and insecurity and offers techniques to help relieve anger and channel it in a more positive direction.</p> <p>The uses a mix of interactive text and audio narration to present information in a clear and engaging way. The course features an unmarked quiz to test your knowledge, and a Certificate of Completion will be awarded to students who pass the final test.</p> <p>In order to obtain a course certificate for NASBA CPE credits, please email info-nasba@opensesame.com with the following information:</p> <p>Learner name: Course title: Completion date: Course type: (online self study course)</p>
Indoor Air Quality	Course	40	In this course, you will learn the importance of indoor air quality and the consequences of contamination, origins of major air contaminants and their effects on your health, as well as controls to help maintain good indoor air quality.
Indoor Air Quality - RETAIN	Course	4	This course is a follow-up to Indoor Air Quality. Learners will retake some quiz questions from the initial course & additional follow-up quizzes will be sent periodically to help retain knowledge.
Industrial Ergonomics SS1082IE	Video	10	The official definition of Ergonomics is this...to apply engineering controls and scientific principles when designing a work environment that accommodates the employee in relation to the workplace, product, equipment, tools, workspace and organization of the work. The objective of ergonomics is to fit the task to the worker, rather than forcing the worker to adapt to the existing conditions. To put it simply, ergonomics is about making your job more user friendly. This video does exactly that and along the way you'll learn how to prevent CTDs and other cumulative injuries by recognizing the warning signs before they cause pain and discomfort. The Goal? Fewer injuries and CTD's, improved productivity with less time off the job due to ergonomic injuries, and an overall better quality of life, on and off the job.

Title	Type	Est. Time	Description
Industrial Ergonomics SS1082IS	Video	10	The official definition of Ergonomics is this...to apply engineering controls and scientific principles when designing a work environment that accommodates the employee in relation to the workplace, product, equipment, tools, workspace and organization of the work. The objective of ergonomics is to fit the task to the worker, rather than forcing the worker to adapt to the existing conditions. To put it simply, ergonomics is about making your job more user friendly. This video does exactly that and along the way you'll learn how to prevent CTDs and other cumulative injuries by recognizing the warning signs before they cause pain and discomfort. The Goal? Fewer injuries and CTD's, improved productivity with less time off the job due to ergonomic injuries, and an overall better quality of life, on and off the job. (Spanish Version)
Industrial Laser Safety Part 1 - Introduction	Course	14	Part one of this five-part course will introduce you to industrial laser safety including laser design, components, product and the role of a laser safety officer.
Industrial Laser Safety Part 2 - Components	Course	7	Part two of this five-part course will cover industrial laser components from lasing medium to using a laser to pump another laser.
Industrial Laser Safety Part 3 - Classification	Video	7	Part three of this five-part course will cover industrial laser classification of industrial lasers. It will review the old and new classification systems.
Industrial Laser Safety Part 4 - Safety	Course	36	Part four of this five-part course will cover the safety aspect of industrial laser use including hazard factors, electrical hazards, eye hazards and more.
Industrial Laser Safety Part 5 - Hazard Control	Course	7	The final part of this five-part course will cover laser hazard controls, information on the person in-charge and assessing hazards like when and how it's performed.
Intro to Hydraulic Safety	Course	50	In this lesson, you will learn about the hazards of working with hydraulic systems, what to do if you or a coworker are injured on the job, and how to safely operate and maintain a hydraulic system.
Intro to Personal Safety	Course	5	This lesson will teach you about why it is importance to have safety in the workplace and what the employee's role is in maintaining a safe workplace.
Intro to Silica Hazards	Course	15	Silica is one of the most common hazards on a worksite, particularly in the construction, oil and gas, manufacturing, and agriculture industries. This course will increase employee awareness of this hazard including tips on how to reduce risk of exposure.
Intro to Silica Hazards SPANISH	Course	10	Silica is one of the most common hazards on a worksite, particularly in the construction, oil and gas, manufacturing, and agriculture industries. This course will increase employee awareness of this hazard including tips on how to reduce risk of exposure. (Spanish Version)
Introduction to Photovoltaics	Course	3	
Introduction to Photovoltaics - Solar of Today	Course	1	
Introduction to Photovoltaics - Watt Hours	Course	2	

Title	Type	Est. Time	Description
Janitorial Safety 15000AE	Course	11	Janitorial workers have many, many responsibilities. It would probably be easier to talk about what they DON'T do than what you do on a daily basis. But, regardless of how many different tasks they perform or how busy they are, safety should be the top priority. It's simply this. That's what this program is all about, examining common hazards janitorial staff face on a daily basis and the steps they can take to minimize risk. Topics include: Personal Protective Equipment, PPE, Back Injury Prevention, Bloodborne Pathogens, Slips, Trips and Falls, Electrical Safety and Chemicals.
Janitorial Safety 15000AS	Course	10	Janitorial workers have many, many responsibilities. It would probably be easier to talk about what they DON'T do than what you do on a daily basis. But, regardless of how many different tasks they perform or how busy they are, safety should be the top priority. It's simply this. That's what this program is all about, examining common hazards janitorial staff face on a daily basis and the steps they can take to minimize risk. Topics include: Personal Protective Equipment, PPE, Back Injury Prevention, Bloodborne Pathogens, Slips, Trips and Falls, Electrical Safety and Chemicals. (Spanish Version)
Job Hazard Analysis SPANISH	Course	15	The Job Hazard Analysis (JHA) is a technique for assessing hazards associated with jobs performed at the workplace. Learners will discover the importance of performing a JHA. (Spanish Version)
Job Safety Analysis - SS5033AE (15min.)	Video	15	
Job Safety Analysis - SS5033AS (15 min.) Spanish	Video	15	
Knife Safety - Hospitality Industry Safety Video (Spanish)	Video	15	
Knife Safety / Cut Prevention (6 Min.) - SS11010AE	Video	6	
Knife Safety / Cut Prevention (6 Min.) - SS11010AS - SPANISH	Video	6	
Lab Safety For High School Students	Course	13	
Laboratory Safety SPANISH	Course	35	Upon completion of this course learners will understand potential laboratory dangers and lab safety procedures. This will be done by learning about common lab hazards, safe work practices, and proper equipment set up and use. (Spanish Version)
Ladder Safety	Course	40	Upon completion of the course learners will understand common hazards of ladder use, recognize types of ladders, requirements for use, fall prevention techniques, and how to inspect ladders before and after use to ensure safe use.
Ladder Safety SS8019AE	Video	8	This video deals with the safe way to use stepladders, straight ladders and platform ladders, as well as common hazards associated with improper ladder use. Explains the 4:1 rule when placing straight ladders, the belt buckle rule, 36" requirement for straight ladders above landings and more. A great program for new or experienced workers.

Title	Type	Est. Time	Description
Ladder Safety SS8019AS	Video	8	This video deals with the safe way to use stepladders, straight ladders and platform ladders, as well as common hazards associated with improper ladder use. Explains the 4:1 rule when placing straight ladders, the belt buckle rule, 36" requirement for straight ladders above landings and more. A great program for new or experienced workers. (Spanish Version)
Ladder Safety Video	Video	10	
Ladder Safety Video (Spanish)	Video	10	
Lead Awareness - SPANISH	Video	40	Almost 95% of elevated blood lead levels among adults are work-related. Upon completion, you will recall hazards and health effects of lead exposure, ways to determine if there is lead in your workplace, and how to control lead exposure. (Spanish Version)
LGBTQ in the Workplace: 01. Understanding Pronouns	Course	60	Whether or not you understand the true definition of a pronoun, you use them all the time. These are the words that signify the identity of the person or people talking, or the person or people being talked about; e.g. I, you, she, he, it, them, etc. When we're talking about gender identity, these pronouns can be difficult to navigate. We all want to be respectful of one another. So in this course, we'll do a brief grammar lesson on using pronouns. We'll also discuss some gender-neutral pronouns and how to politely and respectfully determine someone's preferred pronoun.
Lockout Tagout Safety Video	Video	17	
Lockout Tagout SS1037AE	Video	9	It is estimated that over 100 workers are seriously injured every day Lockout/Tagout procedures may be necessary for many pieces of equipment in your facility during maintenance or repair. This program is a great tool for training , "affected," and , "authorized," employees in lockout/tagout procedures. This includes workers in kitchens, laundry rooms, and maintenance. A lack of knowledge pertaining to proper lockout/tagout procedures can have tragic results.
Lockout Tagout SS1037AS	Video	9	It is estimated that over 100 workers are seriously injured every day Lockout/Tagout procedures may be necessary for many pieces of equipment in your facility during maintenance or repair. This program is a great tool for training , "affected," and , "authorized," employees in lockout/tagout procedures. This includes workers in kitchens, laundry rooms, and maintenance. A lack of knowledge pertaining to proper lockout/tagout procedures can have tragic results. (Spanish Version)
Lockout/Tagout - SS1036AS SPANISH	Video	16	
Lockout/Tagout Procedures - SS1036AE	Video	17	
Lockout/Tagout Safety Video (Spanish)	Video	9	
LOTO - Lockout-Tagout - Construction	Course	15	Construction - Lockout/Tagout
Machine Guarding & Conveyor Safety Safety Video (Spanish)	Video	14	
Machine Guarding and Conveyors Video	Video	13	

Title	Type	Est. Time	Description
Machine Guarding SPANISH	Course	28	Upon completion, workers will be able to define hazards of machinery, identify requirements for safeguards, methods for guarding, types of machine safeguards, and recall the rights and responsibilities of an employee working around guarded machinery. (Spanish Version)
Machinery Tool Safety SS1028HE	Video	12	Machine safety requires a combination of proper training, safeguards, good judgment and concentration. Machines have hazards that cannot be completely eliminated. Even simple machines can pinch, cut or crush. To avoid injury, follow procedures and be on your guard. Allowing yourself to become distracted, even for a second, can have serious consequences for you or the people you work with. This video teaches you how to recognize hazards and reduce your risk around machinery and tools.
Machinery Tool Safety SS1028HS	Video	12	Machine safety requires a combination of proper training, safeguards, good judgment and concentration. Machines have hazards that cannot be completely eliminated. Even simple machines can pinch, cut or crush. To avoid injury, follow procedures and be on your guard. Allowing yourself to become distracted, even for a second, can have serious consequences for you or the people you work with. This video teaches you how to recognize hazards and reduce your risk around machinery and tools. (Spanish Version)
Methamphetamines: Too Dangerous To Ignore - SS5040AE (17 min.)	Video	17	
Methamphetamines: Too Dangerous To Ignore - SS5040AE (17 min.) Spanish	Video	17	
MIPP Ergonomic Housekeeping Training SS5073AS Spanish	Video	18	
New and Young Worker Safety	Course	13	Workers of all ages can be injured at work, but young and new workers may be more at risk. Injuries can result from inadequate training, orientation, and supervision; inexperience; and lack of awareness of workplace rights and responsibilities. This course will review risks , rights and responsibilities and refusing unsafe work.
New and Young Worker Safety - SPANISH	Course	14	Workers of all ages can be injured at work, but young and new workers may be more at risk. Injuries can result from inadequate training, orientation, and supervision; inexperience; and lack of awareness of workplace rights and responsibilities. This course will review risks , rights and responsibilities and refusing unsafe work. (Spanish Version)
NFPA 70E Safety (Spanish)	Course	45	
Nuclear Criticality Safety	Course	10	Accidental criticality is a hazard wherever fissionable materials are used. Learners will be able to recognize fissionable material hazards, reduce the risk of radiation exposure, and reduce radiation exposure in the event of an accidental criticality.
Off The Job Safety	Course	25	This course will cover the most common hazards off the job and how to avoid them.

Title	Type	Est. Time	Description
Off the Job Safety SPANISH	Course	30	This course will cover the most common hazards off the job and how to avoid them. (Spanish Version)
Office Ergonomics- Adjusting Your Workstation - SS1057IE (14 min.) - SPANISH	Video	14	
Office Ergonomics Safety Video	Video	14	
Office Ergonomics: Adjusting Your Workstation - SS1057IE (14 min.)	Video	14	
Office Safety Basics - SS1008EE	Video	7	
Office Safety Basics - SS1008ES (7 min.) SPANISH	Video	7	
Office Safety Basics SS1008EE	Video	7	
Office Safety Basics SS1008ES	Video	7	Designed to raise awareness of safety hazards in an office environment. This video focuses on the most common hazards found in an office. Video discusses basic ergonomics, ladders, office equipment, slips and falls, safe lifting, fire prevention and more. (Spanish Version)
OSHA - Basic First Aid	Course		OSHA - Basic First Aid
OSHA - Bloodborne Pathogens Overview	Course	5	OSHA - Bloodborne Pathogens Overview
OSHA - Cardiopulmonary Resuscitation (CPR) Overview	Course	5	OSHA - Cardiopulmonary Resuscitation (CPR) Overview
OSHA - Compressed Gas Safety Overview	Video	5	OSHA - Compressed Gas Safety Overview
OSHA - Confined Space Entry - Permit Required Overview	Course	5	OSHA - Confined Space Entry - Permit Required Overview
OSHA - Criticality Safety	Course	10	Criticality Safety
OSHA - Driver Safety Overview	Course	5	Driver Safety Overview
OSHA - Emergency and Fire Preparedness	Video		Emergency and Fire Preparedness
OSHA - Emergency and Fire Preparedness Overview	Video	5	Emergency and Fire Preparedness Overview
OSHA - Eyewashes and Safety Showers	Course	5	Eyewashes and Safety Showers
OSHA - Fatigue and Stress Awareness	Video	5	Fatigue and Stress Awareness
OSHA - Fire Safety Overview	Course		OSHA - Fire Safety Overview
OSHA - Hand Safety Overview	Course	5	Hand Safety Overview
OSHA - Hazard Communication	Course		OSHA - Hazard Communication
OSHA - Hazard Communication Overview	Course	5	Hazard Communication Overview
OSHA - Hearing Conservation Overview	Course	5	Hearing Conservation Overview
OSHA - Heat Stress Overview	Video	5	Heat Stress Overview

Title	Type	Est. Time	Description
OSHA - Intro to Mold and Mildew Awareness	Video	5	Intro to Mold and Mildew Awareness
OSHA - Intro to Pallet Jack Safety	Course	5	OSHA - Intro to Pallet Jack Safety
OSHA - Intro to Safe Material Storage	Course	5	Intro to Safe Material Storage
OSHA - Intro to Spray Finishing Hazards	Course	5	Intro to Spray Finishing Hazards
OSHA - Ladder Safety Overview	Course	5	Ladder Safety Overview
OSHA - Lock and Tag Overview	Course	5	Lock and Tag Overview
OSHA - Office Ergonomics Overview	Course	5	Office Ergonomics Overview
OSHA - Personal Protective Equipment Fundamentals	Course		OSHA - Personal Protective Equipment Fundamentals
OSHA - PPE - Foot Protection	Course		OSHA - PPE - Foot Protection
OSHA - PPE - Hand Protection	Course		OSHA - PPE - Hand Protection
OSHA - PPE - Hearing Protection	Course		OSHA - PPE - Hearing Protection
OSHA - Process Safety Management Overview	Video	5	OSHA - Process Safety Management Overview
OSHA - Scaffold Safety Overview	Course	5	Scaffold Safety Overview
OSHA - Slips, Trips, and Falls Overview	Course	5	OSHA - Slips, Trips, and Falls Overview
OSHA - Work-Related Injury and Illness Recordkeeping	Video	20	OSHA Work-Related Injury and Illness Recordkeeping
OSHA: Arc Flash and Electrical Safety Best Practices (NFPA 70E) Overview	Course		Arc Flash and Electrical Safety Best Practices (NFPA 70E) Overview
OSHA: Back Safety and Injury Prevention Overview	Course	5	Back Safety and Injury Prevention Overview
OSHA: Behavior-Based Safety Overview	Course	5	Behavior-Based Safety Overview
OSHA: Chemical Safety Overview	Course	5	Chemical Safety Safety Overview
OSHA: Confined Spaces Overview	Course	5	OSHA - Confined Spaces Overview
OSHA: Earthquake Preparedness	Video	5	Earthquake Preparedness
OSHA: Electrical Safety Overview	Course	5	OSHA - Electrical Safety Overview
OSHA: Electrical Safety Work Practices and Standards	Course		Electrical Safety Work Practices and Standards
OSHA: Hurricane Preparedness	Video	5	Hurricane Preparedness
OSHA: Industrial Ergonomics Overview	Course	5	Industrial Ergonomics Overview
OSHA: Intro to Benzene Hazards	Course	5	Intro to Benzene Hazards
OSHA: Intro to Combustible Dust Hazards	Course	5	OSHA - Intro to Combustible Dust Hazards
OSHA: Intro to Loading Dock Safety	Course	5	OSHA - Intro to Loading Dock Safety
OSHA: Intro to Personal Safety	Course	5	OSHA - Intro to Personal Safety

Title	Type	Est. Time	Description
OSHA: Machine Guarding - Overview	Course	5	OSHA - Machine Guarding - Overview
OSHA: Mosquito, Tick, and Vector-Borne Illnesses	Video	5	Mosquito, Tick, and Vector-Borne Illnesses
OSHA: Respiratory Protection Overview	Course	5	Respiratory Protection Overview
OSHA: Silica Hazards Overview	Course	5	Silica Hazards Overview
OSHA: Tornado Preparedness	Video	5	Tornado Preparedness
OSHA: Winter Weather Driving	Course	5	Winter Weather Driving
Over the Rainbow Customer Service Training	Course	60	In this course, Martha Roth from Resource Training and Solutions explains how to deliver 'above and beyond' customer service to build enduring trust. You will learn to recognize and anticipate consumer expectations, and develop an understanding of how verbal and nonverbal communications impacts a customer's overall perception of the service. Getting customer service right has become more important than ever in our highly competitive and increasingly global marketplace, and this course helps give you the tools you need to get it right. This course features video and audio narration to guide you through the subject matter. The easy-to-navigate menu bar allows you to select your topic, replay points of interest and control the speed at which you learn.
Overexertion Injury Prevention Safety Video	Video	14	
Overexertion Prevention in the Construction Industry Safety Video	Video	14	
Overhead and Gantry Crane Safety	Course	30	This course will teach you fundamentals of overhead and gantry crane safety, including the characteristics of the different types of cranes, the requirements for inspection of equipment, proper pre-planning, and finally, how to lift and safely move a load.
Overhead Cranes SS1026HE	Video	15	Cranes. Useful tools. Powerful tools. Tools that need to be treated with respect. Why? The reason is simple. Any mistake with a crane, even a small mistake can have serious consequences including property damage, injury or even loss of life. Knowing how to use the equipment properly and following established policies and procedures can help minimize risk. That's what this program is all about, the basics of crane safety.
Overhead Cranes SS1026HS	Video	15	Cranes. Useful tools. Powerful tools. Tools that need to be treated with respect. Why? The reason is simple. Any mistake with a crane, even a small mistake can have serious consequences including property damage, injury or even loss of life. Knowing how to use the equipment properly and following established policies and procedures can help minimize risk. That's what this program is all about, the basics of crane safety. (Spanish Version)

Title	Type	Est. Time	Description
Patient Lifting Techniques in Healthcare	Course	13	Therapists from rehabilitation provider Tx:Team demonstrate appropriate techniques for moving and lifting patients in the hospital. Use these techniques to reduce the strain on your back when you need to help a patient move.
Payment Card Industry Data Security Standards (PCI DSS)	Video	60	<p>This course will teach you the latest guidelines created by the governing body on payment card security, the new PCI DSS V.3 Standard, which came into effect in April 2016. Companies that accept debit or credit cards payments have a legal responsibility to ensure that their customers' sensitive information is kept safe. With the new guidelines, all organizations are required to provide employees with annual PCI awareness training. By the end of the course, you'll learn how to apply these rules effectively to keep your customers' financial information safe and protect your company from potential fraud.</p> <p>Using clear language, as well as short activities and quizzes, this course will teach you the basics of PCI security standards.</p>
Personal Fall Arrest Systems	Course	25	The goal of this course is to enable learners to recognize the hazards of falling, components of personal fall arrest systems and how they work together to arrest a fall, and how to inspect, don, and properly attach the system to an anchorage point.
Personal Hygiene In The Workplace - SS1009EE	Video	7	
Personal Hygiene In The Workplace - SS1009ES Spanish	Video	7	
Pesticide Safety: The Basics SS16031AE (5 mins)	Video	5	
Pesticides Safety Training SS16030AE (6 mins)	Video	6	
Pool Safety - SS5023AE (9 mins)	Video	9	
Pool Safety - SS5023AS (9 mins) Spanish	Video	9	
PPE - Eye Protection SPANISH	Course	25	According the BLS, only 1% of approximately 770 workers who suffered face injuries in a recent year, were wearing face protection. This course covers workplace eye and face hazards, PPE used to protect against them, and proper fit and care of PPE.
PPE - It's Your Call - SS5046AE (8 mins)	Video	8	Personal protective equipment (PPE) is often overlooked. Failure to utilize PPE can have disastrous results. This video emphasizes the importance of personal protection in a multi-unit complex environment.
PPE - It's Your Call Safety Video	Video	15	This video addresses the most important part of Personal Protective Equipment: The responsibility of the individual to wear the equipment when it's required. All the procedures and equipment in the world are useless if employees do not understand this one simple fact.
PPE - Personal Protective Equipment: Eye Protection	Course	25	The course covers workplace eye hazards, PPE used to protect against them, and proper fit and care of PPE.

Title	Type	Est. Time	Description
PPE - Personal Protective Equipment: Foot Protection	Course	20	This course will cover the potential hazards in your workplace, what footwear to wear, the capabilities and limitations of footwear, how to check comfort, fit and support of footwear and how to clean, store and inspect your footwear.
PPE - Personal Protective Equipment: Hand Protection	Course	25	Hand injuries send a million workers to ERs each year. Hand injuries are the No. 2 leading cause of work-related injury, but also the most preventable. This course will help users recognize, identify and describe the value of PPE for hand safety.
PPE - Personal Protective Equipment: Head Protection	Course	25	If you are at risk for head injury at your workplace, you should wear the appropriate head protection. This course covers workplace head hazards, types of PPE for the head, and proper fit and care for head protection.
PPE - Personal Protective Equipment: Head Protection - SPANISH	Course	22	According to the BLS, hard hats were worn by 16% of workers who sustained head injuries, even though 40% were required to wear them. This course covers workplace head hazards, types of PPE for the head, and proper fit and care for head protection.
PPE - Personal Protective Equipment: Hearing Protection	Course	22	This course will cover how hearing loss can occur, the different types hearing protection and recognize and use the proper hearing protection.
PPE - Personal Protective Equipment: Hearing Protection - SPANISH	Course	23	This course will cover how hearing loss can occur, the different types hearing protection and recognize and use the proper hearing protection. (Spanish version)
PPE Basic Training - SS1028BS SPANISH	Video	13	PPE:Basic Training is just that, the Basics. Viewers will learn the basic purposes of each type of PPE and what hazards the PPE protects them against. Personal Responsibility to wear the PPE is stressed as is wearing the proper PPE for the proper task. Topics include: Footwear, Gloves, Eye Protection, Head Protection, Respirators and more. A great way to train new employees or open a discussion with experienced workers. (Spanish version)
PPE- It's Your Call - SS5046AS Spanish	Video	11	This video addresses the most important part of Personal Protective Equipment: The responsibility of the individual to wear the equipment when it's required. All the procedures and equipment in the world are useless if employees do not understand this one simple fact. (Spanish version)
PPE Its Your Call SS1021BE	Video	11	This video addresses the most important part of Personal Protective Equipment: The responsibility of the individual to wear the equipment when it's required. All the procedures and equipment in the world are useless if employees do not understand this one simple fact.
PPE Its Your Call SS1021BS	Video	11	This video addresses the most important part of Personal Protective Equipment: The responsibility of the individual to wear the equipment when it's required. All the procedures and equipment in the world are useless if employees do not understand this one simple fact. (Spanish Version)
PPE-Basic Training - SS1028BE (12 Min.)	Video	12	

Title	Type	Est. Time	Description
Preventing Heat Stress	Video	20	Heat stress is a common occurrence for many workplaces. Often, heat stress will sneak up on people and force them to stop working during the day. The aim of this lesson is to help you identify the risks of heat stress so that you can prevent it before it sneaks up on you. Some risk factors that we will discuss include: <ul style="list-style-type: none"> - High temperatures and humidity - Direct sun exposure - Limited air movement - Low liquid intake - Heavy physical labor - And lack of recent exposure to hot workplaces or environments (acclimatization).
Preventing Slips & Falls Safety Video	Video	11	
Preventing Slips, Trips & Falls for Ski Area Employees SS1004JE (8 min)	Video	8	
Preventing Workplace Harassment (For Employees and Supervisors in All States Except CT and Supervisors in CA)	Video	60	This course meets training requirements for employees in California and managers and employees in New York, Illinois, Delaware, Maine, and the US Virgin Islands. <p>Sexual harassment, other forms of workplace harassment, and abusive conduct continue to remain real workplace problems. Media stories and studies clarify the high toll that this misconduct takes on targeted employees, coworkers and the overall work environment. A workplace that allows--and even encourages--such conduct cannot promote respect for all employees to obtain their best performance. This course instructs managers and employees about their responsibilities regarding a harassment-free workplace and steps they can take to support such a work environment.</p>
Preventing Workplace Violence in a Restaurant - SS6036AE	Video	16	
Prime Contractor Safety Training	Course	30	Multi-employer worksites are common in construction, oil and gas and other types work. To manage these risks, it's customary for the owner of the site where the work is carried out to designate one contractor to serve as prime contractor in charge of overseeing and coordinating required safety measures and ensuring compliance with OHS and other applicable laws. This course will cover when a prime contractor is needed, their role, due diligence and more.
Process Safety Management	Video	25	The goal of the course is to provide awareness of the purpose of process safety management: to prevent unwanted releases of highly hazardous chemicals, and provide an overview of corresponding standards and best practices for process safety management.

Title	Type	Est. Time	Description
Professional Etiquette	Video	60	In this module you will learn strategies for professional etiquette both in the workplace, and with your online presence. We will cover strategies for professional appearance, communication, collaboration, setting professional standards, professional disagreement, and advancement.
Professional Skiing and Riding for Ski Area Employees SS1003JE (7 min)	Video	7	
Quick Course - A Joke Isn't Funny When It Hurts!	Course	5	At one time or another, almost everyone has one time or another pulled a „úharmless,Àù joke on a friend. But there is difference between true witty joke that does not cause any harm and what is commonly known as „úhorseplay,Àù. The task at hand is to avoid any acceptance of the horseplay mentality in the workplace.
Quick Course - A Slice of Safety Can Help Prevent Knife Injuries	Course	4	The utility and straight hand knife is also a commonly used tool in many industries and the cause of many severe accidents. This quick course will cover the hazards of using a knife incorrectly and how to protect yourself.
Quick Course - Adapting to the Rhythm of Shiftwork	Course	4	Shiftwork has been associated with health and safety risks, both in and out of work. This quick course covers the dangers of shiftwork and how to keep yourself safe if you are a shiftworker.
Quick Course - Aerial Lifts	Course	9	Aerial lifts have replaced ladders and scaffolding on many job sites due to their mobility and flexibility. But there are deadly consequences that have occurred in aerial lifts operations.
Quick Course - An Injury Free Office	Course	4	An injury-free office helps your workplace run smoothly. This quick course will cover some common hazards in office settings and how to avoid them.
Quick Course - Asbestos the Hazards and Health Effects - SPANISH	Course	6	En este curso rapido, los alumnos aprenderan sobre los peligros y los efectos del amianto en la salud. Ademas, aprenderan sobre las fuentes comunes de amianto en una variedad de lugares de trabajo y que medidas de precaucion pueden tomar.
Quick Course - Avoid Harmful Horseplay	Course	4	Horseplay is rough play, practical jokes and other physical humor which can endanger workers. This quick course covers the dangers of horseplay and how to protect yourself from these dangerous actions including thinking of the victim, discouragement, training and reporting.
Quick Course - Avoid Workplace Violence	Course	4	This course will remind you that no matter your workplace setting, workplace violence can happen to anyone. It will cover best practices for interpersonal safety so that you can be safe from violence.
Quick Course - Bad Housekeeping can Bring Unthinkable Consequences	Course	7	In the workplace, bad housekeeping can have consequences that go far beyond creating an image of a sloppily run, unprofessional operation. This quick course will go over basic housekeeping practices.
Quick Course - Be A Safety Leader	Course	6	An employer or supervisor can't stand by you every second to see that safety rules are followed. You must take charge of your safety because you have the most to gain „ú and the most to lose.
Quick Course - Be Handy and Safe with Hand and Power Tools - SPANISH	Course	5	

Title	Type	Est. Time	Description
Quick Course - Be Safety Conscious Off the Job Too	Course	4	This quick course covers the importance of taking safety seriously off the job including how to protect yourself when you're not at work and tips on working safely in places like your garage or in your vehicle or during recreational activities.
Quick Course - Be Wary of Warehouse Hazards	Course	10	A warehouse has many dangers, ranging from possible exposure to chemicals, forklift accidents, explosions, fires and falling materials.
Quick Course - Belt Yourself for Safety	Course	4	A high percentage of all annual work-related fatalities are caused by motor vehicle crashes. Many of these deaths could have been avoided if the drivers and passengers in these vehicles had worn their seatbelts.
Quick Course - Beware of Bloodborne Pathogens	Course	4	Nearly any worker could encounter bloodborne pathogens (BBP) - whether bandaging a co-worker's cut, stepping on a used hypodermic needle in the alley or helping an accident victim on the way home. This quick course covers the hazards of BBP and how to protect yourself.
Quick Course - Beware of Lulls in Your Alertness Level	Video	4	This quick course covers the hazards of lulls in your alertness levels including the danger of microsleep and how to protect yourself and stay alert during your work shift.
Quick Course - Carbon Monoxide	Course	7	Carbon Monoxide (CO) is an invisible, tasteless and odorless gas that can be lethal to human beings. Due to its difficult detection, carbon monoxide is a serious concern in the work place.
Quick Course - Caught-Between	Course	10	Caught-in/caught-between incidents happen when a worker is crushed between objects. Examples could include cave-ins during trenching, clothing being pulled into machinery, or being crushed and trapped by shifting objects.
Quick Course - Climb Your Way to Safe Ladder Use - SPANISH	Course	5	Las escaleras parecen sencillas, pero suponen un importante riesgo de caída en el lugar de trabajo. En este curso rapido, aprendera las mejores practicas para el uso seguro de las escaleras para garantizar que todos vuelvan a casa sin lesiones.
Quick Course - Cold Water Treatment of Thermal Burns	Course	6	This course will cover how thermal burns can happen, the danger of getting a thermal burn and how to protect yourself from getting a thermal burn as well as how to treat one.
Quick Course - Cold Water Treatment of Thermal Burns - SPANISH	Course	5	This course will cover how thermal burns can happen, the danger of getting a thermal burn and how to protect yourself from getting a thermal burn as well as how to treat one. (Spanish Version)
Quick Course - Combustible Dust Its No Ordinary Dust	Course	3	A combustible dust is any fine material that can catch fire and explode when mixed with air. This quick course will cover what combustible dust is, what the danger is and how to protect yourself.
Quick Course - Comedy Isn't Always Funny	Course	4	Horseplay on the job is dangerous. This quick course covers the dangers of horseplay at work and how you can help get rid of this dangerous habit.
Quick Course - Commercial Movers	Course	7	Commercial movers face many challenges on the job. This quick course will cover some ideas on how to keep the stress out of the job and best practices for safety on the job.
Quick Course - Commercial Movers SPANISH	Course	8	Commercial movers face many challenges on the job. This quick course will cover some ideas on how to keep the stress out of the job and best practices for safety on the job. (Spanish Version)
Quick Course - Common Workplace Injuries	Course	7	Generally, a workplace injury occurs because the work environment is unsafe. This quick course will cover where workplace injuries can occur and how to identify them in order to keep yourself safe.

Title	Type	Est. Time	Description
Quick Course - Common Workplace Injuries SPANISH	Course	8	Generally, a workplace injury occurs because the work environment is unsafe. This quick course will cover where workplace injuries can occur and how to identify them in order to keep yourself safe. (Spanish Version)
Quick Course - Communicating Health and Safety Concerns	Course	10	Proper communication and safety go hand in hand. If there is no communication for given work tasks then safety is missing.
Quick Course - Communication and Safety	Course	6	Proper communication is crucial for a job to run safely and efficiently. This quick course covers why communication is so important when it comes to safety. When communication is insufficient or missing totally there can be many negative consequences for employees and the company as a whole.
Quick Course - Communication and Safety - SPANISH	Course	6	La comunicacion adecuada es crucial para que un trabajo se desarrolle de forma segura y eficiente. Este curso rapido explica por que la comunicacion es tan importante cuando se trata de la seguridad. Cuando la comunicacion es insuficiente o falta totalmente, puede haber muchas consecuencias negativas para los empleados y la empresa en su conjunto.
Quick Course - Communication Issues	Video	7	This quick course covers why communicating issues is so important. It covers how communication issues occur and how strong communication can be achieved.
Quick Course - Communication Issues - Spanish	Video	8	This quick course covers why communicating issues is so important. It covers how communication issues occur and how strong communication can be achieved. (Spanish Version)
Quick Course - Compressed Gas Cylinder CGC Safety	Video	8	Compressed or liquefied gas cylinders are often used to store chemicals for industrial purposes. Because cylinder contents are under high pressure, there can be physical and chemical hazards involved with the use of compressed gas cylinders. This quick course will cover these hazards and tips on how to protect yourself when working with CGC's.
Quick Course - Compressed Gas Cylinder CGC Safety SPANISH	Video	8	Compressed or liquefied gas cylinders are often used to store chemicals for industrial purposes. Because cylinder contents are under high pressure, there can be physical and chemical hazards involved with the use of compressed gas cylinders. This quick course will cover these hazards and tips on how to protect yourself when working with CGC's. (Spanish Version)
Quick Course - Concrete Burns	Course	6	A common hazard that needs to be discussed and addressed when working with concrete is concrete burns (also called cement burns). This quick course covers the hazards associated with working with concrete and how to protect yourself.
Quick Course - Concrete Burns - Spanish	Course	7	A common hazard that needs to be discussed and addressed when working with concrete is concrete burns (also called cement burns). This quick course covers the hazards associated with working with concrete and how to protect yourself. (Spanish Version)
Quick Course - Concrete Construction Safety	Course	7	The potential for employees to be hurt or killed is high if dangers and hazards of working with concrete are not identified and addressed. This quick course covers the types of hazards involved with working with concrete on construction sites and how to protect yourself.

Title	Type	Est. Time	Description
Quick Course - Concrete Construction Safety SPANISH	Course	8	The potential for employees to be hurt or killed is high if dangers and hazards of working with concrete are not identified and addressed. This quick course covers the types of hazards involved with working with concrete on construction sites and how to protect yourself. (Spanish Version)
Quick Course - Confined Space Safety	Course	6	Confined spaces pose a significant risk in the workplace due to changed environmental factors, such as oxygen depletion and the build up of toxic gases. In this quick course, you will learn best practices for confined space safety.
Quick Course - Confined Space Safety - Spanish	Course	6	Los espacios confinados suponen un riesgo importante en el lugar de trabajo debido a los cambios en los factores ambientales, como el agotamiento del oxígeno y la acumulación de gases tóxicos. En este curso rápido, aprenderá las mejores prácticas de seguridad en espacios confinados.
Quick Course - Cost of Drugs on the Job - Spanish	Course	6	Individuals who come to work under the influence of drugs and alcohol are a big concern for many employers across the world. This quick course covers issues arising with drugs in the workplace and ways to avoid some of these issues. (Spanish Version)
Quick Course - Costs of Drugs on the Job	Course	6	Individuals who come to work under the influence of drugs and alcohol are a big concern for many employers across the world. This quick course covers issues arising with drugs in the workplace and ways to avoid some of these issues.
Quick Course - Crane Safety	Course	10	A crane is one of the most versatile and important pieces of equipment usually found on a construction job. It is often one of the largest pieces of equipment on a work site with many different operating functions. This means the operator must be able to concentrate on the tasks and be aware of their surroundings.
Quick Course - Crane Safety - Spanish	Course	6	Este curso cubrirá el peligro de la seguridad de las grúas y cómo protegerse cuando se trabaja cerca de las líneas eléctricas y en condiciones meteorológicas peligrosas.
Quick Course - Doing Work Tasks Wrong the First Time	Course	4	This quick course will cover why doing work wrong initially can cause more issues than anyone wants. It covers the hazards of work that needs to be redone and how to avoid doing work wrong the first time.
Quick Course - Doing Work Tasks Wrong The First Time - SPANISH	Course	4	Este curso rápido cubrirá por qué hacer el trabajo mal inicialmente puede causar más problemas de los que cualquiera quiere. Cubre los peligros del trabajo que necesita ser rediseñado y cómo evitar hacer el trabajo mal la primera vez.
Quick Course - Don't Let Bullying Poison Your Workplace	Course	4	This quick course covers how bullying can affect the workplace including the worker being affected by the bullying as well as risks to coworkers. It covers how to protect yourself and deal with a bullying situation at the workplace.
Quick Course - Dropped Objects on the Job	Course	7	This quick course reviews the dangers of dropping objects on the job including the hazards and possible consequences as well as how to protect yourself and prevent incidents.
Quick Course - Dropped Objects on the Job - SPANISH	Course	7	Este curso rápido repasa los peligros de la caída de objetos en el trabajo, incluyendo los riesgos y las posibles consecuencias, así como la forma de protegerse y prevenir incidentes.

Title	Type	Est. Time	Description
Quick Course - Drunk Driving	Course	7	Being involved in an accident like drink driving, affects more than just yourself. It affects your family emotionally as well as financially. This quick course covers the risks of drunk driving and how to reduce your risk.
Quick Course - Drunk Driving - Spanish	Course	7	Being involved in an accident like drink driving, affects more than just yourself. It affects your family emotionally as well as financially. This quick course covers the risks of drunk driving and how to reduce your risk. (Spanish Version)
Quick Course - Dust Off Your Knowledge of Silica	Course	4	This quick course covers the dangers of working with silica, symptoms of silicosis and how to protect yourself from the dangers of working with silica.
Quick Course - Eight Ways to Avoid Catching and Spreading the Flu	Course	8	Many workers who are sick with the flu refuse to let the illness prevent them from working, thinking they can „Áutough it out.À So they go to work with a reduced ability to work safely and productively, and they jeopardize the health of their co-workers.
Quick Course - Ergonomic Safety	Course	8	This quick course will talk about musculoskeletal problems, common signs of injuries and how to avoid them when working.
Quick Course - Ergonomics and The Mature Worker	Course	3	While many people are quite capable of working well into their 60s or longer, they are at greater risk for injury and job-related illnesses because of reduced strength, balance, hearing, vision, and slower reaction time. This quick course covers some of the dangers of working as you age and how to protect yourself.
Quick Course - Eye Injuries and Prevention	Course	7	Our eyes are one of our greatest assets. They are susceptible to all kinds of injuries in the workplace if they are not properly protected. This quick course will cover common hazards that can cause eye injuries and how to protect yourself.
Quick Course - Eye Injuries and Prevention - Spanish	Course	7	Our eyes are one of our greatest assets. They are susceptible to all kinds of injuries in the workplace if they are not properly protected. This quick course will cover common hazards that can cause eye injuries and how to protect yourself. (Spanish Version)
Quick Course - Facilities Maintenance Safety	Course	4	This quick courses covers the hazards associated with facilities maintenance and how to protect yourself including gear that protects you, hazard communication and more.
Quick Course - Fatigue Can Be Fatal	Course	4	Fatigue can lead to mistakes on the job. And those mistakes can lead to injuries and fatalities. This quick course covers the dangers of working while experiencing fatigue and how to identify a fatigued worker and how to protect yourself.
Quick Course - First Aid - Bleeding Cuts & Wounds - Spanish	Course	6	En este curso rapido, aprendera a atender las hemorragias, los cortes y las heridas sufridas por usted mismo o por sus compav±eros de trabajo.
Quick Course - First Aid - Chemical Burns - Spanish	Course	7	En este curso rápido, aprenderá técnicas de primeros auxilios para tratar quemaduras provocadas por productos químicos o gas líquido por usted mismo o sus compav±eros de trabajo mientras esta en el trabajo.

Title	Type	Est. Time	Description
Quick Course - First Aid - Choking	Course	10	In this quick course, you will learn first aid techniques for addressing your own and others' choking while on the job.
Quick Course - First Aid - Choking - Spanish	Course	8	En este curso rápido, aprenderá técnicas de primeros auxilios para hacer frente a su propia asfixia y a la de los demás en el trabajo.
Quick Course - First Aid - CPR - Spanish	Course	5	En este curso rápido, aprenderá técnicas de primeros auxilios para administrar la RCP e identificar cuando es necesaria la RCP en el trabajo.
Quick Course - First Aid - Electrical Burns - Spanish	Course	7	La electricidad de alta tensión genera mucho calor y toma la ruta más directa que puede encontrar entre su punto de contacto y el lugar donde puede salir del cuerpo. Este curso cubre los peligros de las quemaduras eléctricas y cómo protegerse.
Quick Course - First Aid - Fractures - Spanish	Course	8	En este curso rápido, aprenderá las técnicas de primeros auxilios para hacer frente a las fracturas propias y ajenas en el trabajo.
Quick Course - First Aid - Poisoning	Course	10	In this quick course, you will learn first aid techniques for dealing with your own and others' poisoning while on the job.
Quick Course - First Aid - Poisoning - Spanish	Course	9	En este curso rápido, aprenderá técnicas de primeros auxilios para hacer frente a su propia intoxicación y a la de los demás en el trabajo.
Quick Course - First Day Back to Work	Course	5	Workplace injuries are subject to many different and various risk factors. This quick course will cover the dangers of returning to work and how to prevent hazards associated with the first day back at work.
Quick Course - First Day Back to Work SPANISH	Course	6	Workplace injuries are subject to many different and various risk factors. This quick course will cover the dangers of returning to work and how to prevent hazards associated with the first day back at work. (Spanish Version)
Quick Course - Five Reasons to Work Safe Today	Course	6	This quick course will cover why it's important to work safe including five main reasons and the dangers associated with not working safely.
Quick Course - Five Reasons to Work Safe Today - Spanish	Course	7	This quick course will cover why it's important to work safe including five main reasons and the dangers associated with not working safely. (Spanish Version)
Quick Course - Forklifts Are Dangerous Animals	Course	5	Imagine a vehicle that weighs twice as much as your car, can't stop nearly as quickly and is operated by a person who may not see you. This quick course covers the dangers of working around forklifts and ways to protect yourself when working in areas with forklifts.
Quick Course - Get Moving - Why Health and Wellness Matters	Video	5	Even those of us who have more active jobs likely don't get enough exercise. A lack of physical activity is hazardous to your overall health and wellness.
Quick Course - Gloves Must Match Chemical Hazard	Course	4	This course covers the dangers gloves are designed to safeguard you from and the importance of matching the right glove to the hazard of work.
Quick Course - Gloves Must Match Chemical Hazard - Spanish	Course	5	This course covers the dangers gloves are designed to safeguard you from and the importance of matching the right glove to the hazard of work. (Spanish Version)

Title	Type	Est. Time	Description
Quick Course - Good Footwear Beats Sore Feet	Course	4	It is important to select footwear that is comfortable, safe and sturdy. Choose poorly and you suffer from discomfort, pain, fatigue and a range of foot problems including calluses, ingrown toenails and tired feet. This quick course covers the importance of choosing the right footwear.
Quick Course - Good Footwear Beats Sore Feet - SPANISH	Course	5	It is important to select footwear that is comfortable, safe and sturdy. Choose poorly and you suffer from discomfort, pain, fatigue and a range of foot problems including calluses, ingrown toenails and tired feet. This quick course covers the importance of choosing the right footwear. (Spanish Version)
Quick Course - Have a Plan for Fall Rescue - Spanish	Course	5	En este curso rapido, aprendera a identificar los riesgos de electrocucion y a tomar medidas preventivas para que el lugar de trabajo sea mas seguro.
Quick Course - Hazardous Waste	Course	4	It's important for you to understand the potential hazards that you may be exposed to while working with hazardous waste. This quick course will cover the dangers associated with hazardous waste and how to protect yourself from them.
Quick Course - Head off the Blows	Course	4	The hardhat is an essential piece of safety gear no construction worker should be without. Not all hardhats are made equal, however. This quick course will cover the three types of hardhats and how to ensure you are using them correctly to protect yourself.
Quick Course - Healthcare Safe Moving and Handling of Patients	Course	5	Overexertion injuries among healthcare workers is consistently two to five times greater than the rate of the general workforce. The single greatest cause for these injuries is manual patient handling. This quick course will cover the hazards of moving and handling patients and how to protect yourself when you do have to perform these actions.
Quick Course - Hearing Protection	Course	10	Hearing protection must be selected and used with care and is not to be used as an alternative to reducing the noise in the workplace. This quick course reviews causes of hearing loss and how to protect yourself.
Quick Course - Heavy Work Means Strains and Sprains	Course	4	In this quick course we'll learn about the difference between strains and sprains, discover the risk factors that increase the likelihood of a strain or sprain, and discuss how these injuries can be prevented.
Quick Course - Hot Work Safety - Spanish	Course	5	El trabajo en caliente es una de las principales causas de los incendios en el lugar de trabajo. Un trabajo se considera "caliente" cuando produce chispas, llamas o calor, especialmente si se realiza en entornos inflamables.
Quick Course - How to Conduct a Job Hazard Analysis	Course	10	A job hazard analysis (JHA), sometimes called a job safety analysis (JSA), is a systematic method for identifying and evaluating hazards associated with a job or task. It's based on the idea that any job can be separated into simple steps, potential hazards associated with those steps can be identified, and solutions can be developed to control those hazards.
Quick Course - How to Conduct a Job Hazard Analysis - Spanish	Course	4	Un analisis de riesgos laborales (JHA), a veces llamado analisis de seguridad laboral (JSA), es un metodo sistematico para identificar y evaluar los riesgos asociados a un trabajo o tarea. Este curso explica que es un JHA y como utilizarlo.

Title	Type	Est. Time	Description
Quick Course - How to Safely Use Abrasive Wheel Grinders - Spanish	Course	6	En este curso rapido, conocera los peligros de las amoladoras de disco abrasivo y como utilizarlas de forma segura.
Quick Course - How to Select and Inspect a Ladder	Course	10	Using a ladder is a safer alternative to using a makeshift climbing device, like a chair, or an improvised work platform, such as an old box. However, forgetting or failing to pick the right ladder and/or inspect the ladder you pick, puts your safety in jeopardy.
Quick Course - How to Stack and Store Materials Safely	Course	5	This quick course covers the dangers of stacking and storing materials incorrectly and how to correctly stack and store materials depending on the material you are working with.
Quick Course - If the Safety Shoe Fits the Hazard Wear It	Course	5	Choosing the right footwear carefully is important, because in certain instances, the right protective footwear can save your life. This quick course covers types of hazards to the feet and how to protect yourself.
Quick Course - Injury, Illness & Incident Reporting	Video	7	Whenever, there is a workplace accident or illness, or a close call / near miss is experienced, the situation must be reported. Often times many of these incidents, especially first aid type of injuries are not reported which can lead to issues for the worker and the business.
Quick Course - Keep Safety On Hand	Course	5	Even a minor hand injury can be painful and inconvenient. You don't want to find out how life-changing a major hand injury would be. This quick course covers the danger of hand injuries and how to protect yourself from common hand injuries.
Quick Course - Know How To Find Emergency Exits	Course	4	Every day, without noticing, we pass doors that have „Exit“ signs. Usually we don't remember that emergency exit doors are vital to our safety.
Quick Course - Layer Up for Warmth - Spanish	Course	4	Trabajar en un clima frío puede tener un efecto escalofriante en su cuerpo. Se corre el riesgo de que se vea afectada su funcion motora, su capacidad de juicio y las lesiones y enfermedades causadas por el frío. En este curso rapido se explica como mantenerse caliente en el frío.
Quick Course - Lead	Course	9	Lead exposure is a serious issue that many workers face every day. This quick course will cover the dangers of lead in the workplace.
Quick Course - Learning the Hard Way	Course	6	One area in life we cannot afford to learn the hard way is avoiding injury at work (or at home). This quick course will talk about learning the hard way and how to protect yourself from further injury.
Quick Course - Learning the Hard Way SPANISH	Course	7	One area in life we cannot afford to learn the hard way is avoiding injury at work (or at home). This quick course will talk about learning the hard way and how to protect yourself from further injury. (Spanish version)
Quick Course - Lightning Safety at Work and Home	Course	7	Individuals need to identify and plan for the potential of lightning before beginning a work activity or any leisure activity during storm season. This quick course will cover the dangers of lightning and how to protect yourself.
Quick Course - Lightning Safety at Work and Home SPANISH	Course	8	Individuals need to identify and plan for the potential of lightning before beginning a work activity or any leisure activity during storm season. This quick course will cover the dangers of lightning and how to protect yourself. (Spanish Version)

Title	Type	Est. Time	Description
Quick Course - Lockout Tagout Tryout - Spanish	Course	5	El bloqueo/etiquetado es un procedimiento diseñado para evitar accidentes cuando se trabaja con equipos. Este procedimiento es la clave de su seguridad cuando trabaja con equipos. Este curso rapido revisara los fundamentos del bloqueo y etiquetado.
Quick Course - Maintenance Workers Must Maintain Safety	Course	4	Maintenance employees are confronted with many hazards that can cause injury or death. This quick course covers the risk of asbestos and exposure in the workplace and how to protect yourself.
Quick Course - Making the Best Use of Lifting and Handling Aids	Course	4	Workers who perform frequent and heavy lifting are at risk for back injuries and abdominal straining that can cause hernias. The use of lifting and handling aids can help remove or reduce the risk of worker injury. This quick course will cover the dangers of lifting improperly and how to protect yourself.
Quick Course - Material Handling Equipment Heavy Equipment	Course	10	This course covers the dangers of working with heavy equipment and how to protect yourself from getting injured and injuring others while working with or around this equipment.
Quick Course - Moving Materials Pain Free	Course	4	Construction workers carry materials of all shapes and sizes. This quick course covers how to move them without hurting yourself or others.
Quick Course - Obliterating Dust Explosions	Course	4	Bad housekeeping in any industry that uses flammable materials can go far beyond creating an image of a sloppily run, unprofessional operation. It could lead to a fatal explosion. This quick course will identify hazards of dust explosions and how to protect yourself.
Quick Course - Off the Job Safety	Course	4	This quick course covers why being safe off the job is important. It covers the hazards that exist when off the job and how to protect yourself.
Quick Course - Picking the Right Fire Extinguisher	Course	5	Fire extinguishers are not a one type fits all piece of equipment. Different types of fire extinguishers are filled with different kinds of extinguishing agents designed to put out a specific type of fire or fires. This quick course will cover the types of fire extinguishers.
Quick Course - Preventing Electrocution - Spanish	Course	6	En este curso rapido, aprendera a identificar los riesgos de electrocucion y a tomar medidas preventivas para que el lugar de trabajo sea mas seguro.
Quick Course - Protect Your Hearing and Avoid Hearing Loss - Spanish	Video	4	Los ruidos fuertes y la exposicion prolongada pueden provocar con el tiempo una perdida de audicion. En este curso rapido, aprendera a identificar los peligros mas comunes y a tomar metodos de precaucion para proteger su audicion.
Quick Course - Protecting Against Electrical Hazards - Spanish	Course	6	En este curso rapido, aprendera sobre los peligros electricos mas comunes y como protegerse a sí mismo y a los demas contra ellos mientras esta en el trabajo.
Quick Course - Protecting Against Vertical Fall Hazards - Spanish	Course	5	En este curso rapido, aprendera a identificar los peligros de caídas verticales mas comunes y a utilizar las mejores practicas para reducir el riesgo de caídas.
Quick Course - Protecting Yourself Against Bloodborne Pathogens - Spanish	Course	5	Los agentes patogenos transmitidos por la sangre suponen un grave peligro para su salud y sus oportunidades en la vida. Y lo que es peor, la transmision de patogenos sanguíneos es posible en cualquier entorno de trabajo. En este curso rapido, aprendera sobre los peligros mas comunes y las estrategias para protegerse.

Title	Type	Est. Time	Description
Quick Course - Putting Out Fires - Spanish	Course	5	
Quick Course - Radiation (Ionizing)	Course	9	Ionizing radiation is high frequency and high-energy and can penetrate the body - it has enough energy to break up atoms and molecules as it passes through the body. When radiation is absorbed in the body it causes chemical reactions to occur which can alter the normal functions of the body. At high doses this can result in massive cell death, organ damage and even death. At low doses the situation is more complex.
Quick Course - Radiation (Non-Ionizing)	Course	8	Radiation or Electromagnetic Radiation (EMR), is energy in a wave form. Non-ionizing radiation is very prevalent and comes from both natural and human - made sources. It includes electric and magnetic fields, radio waves, microwaves, infrared, ultraviolet and visible radiation. The litmus test is how do workers protect themselves or limit their exposure to non - ionizing radiation.
Quick Course - Reasonable Suspicion for Supervisors	Course	8	Every organization needs supervisors who are able to appropriately and effectively identify possible substance abuse on the job. Supervisors must determine whether or not reasonable suspicion exists and what to do when they suspect it.
Quick Course - Report All Injuries	Course	7	This quick course covers why reporting injuries, near misses and incidents is imperative in the workplace to prevent more incidents from happening. It covers common reasons why incidents are not reported and the steps on reporting accidents at work.
Quick Course - Report All Injuries - Spanish	Course	7	This quick course covers why reporting injuries, near misses and incidents is imperative in the workplace to prevent more incidents from happening. It covers common reasons why incidents are not reported and the steps on reporting accidents at work. (Spanish Version)
Quick Course - Report it or Regret it	Course	4	This quick course covers the importance of reporting incidents like close calls or broken/damaged equipment. It also covers tips on fixing or reporting hazards and your obligation to report.
Quick Course - Resolve Conflict Before it Escalates Into Violence	Course	5	Conflict is to be expected in fast-paced work environments. Hundreds, sometimes even thousands of workers perform their duties inside the same facility, which can increase the likelihood of a conflict turning into large-scale instance of workplace violence. This quick course will outline some strategies on resolving conflict.
Quick Course - Safe Respirator Use - Spanish	Course	6	En este curso rapido, usted aprendera acerca de los riesgos respiratorios comunes en el lugar de trabajo y como utilizar adecuadamente su respiracion para evitar da±os y enfermedades respiratorias.
Quick Course - Safety Underground	Course	6	Increasingly, utilities are installing much of their services underground. This quick course covers the hazards associated with underground services and how to prevent incidents that may arise.
Quick Course - Sanitizer Safety	Course	5	In this quick course, you will learn how to safely use and store hand sanitizer when regular hand washing isn't an option.

Title	Type	Est. Time	Description
Quick Course - Sexual Harassment Addressing and Reporting Complaints	Video	5	This quick course covers the importance of addressing and reporting complaints including the current perception of reporting and how to address complaints and some guidelines to share with employees for reporting complaints.
Quick Course - Sexual Harassment What Are Your Responsibilities	Video	6	This quick course covers the important role supervisors play when it comes to the issue of sexual harassment in the workplace. It covers supervisor responsibilities and steps to take if approached with a complaint and employee responsibilities when it comes to sexual harassment responsibilities.
Quick Course - Shiftwork	Course	7	For many people, their workday either starts in the afternoon and ends late at night, or begins around midnight and ends in the early morning. This quick course covers awareness for shiftwork workers because safety is just as critical as it is with the day crew, but the conditions and hazards may be different.
Quick Course - Silica - The Dangers of Silica	Course	9	This quick course will review what silica is, the dangers of silica exposure and how to prevent exposure.
Quick Course - Silica Dust Dangers and Safety Measures	Course	7	This quick course covers basic information on silica dust and what the dangers are where this can be found, the main routes of exposure and how to protect yourself from the hazards.
Quick Course - Silica Dust Dangers and Safety Measures - Spanish	Course	6	This quick course covers basic information on silica dust and what the dangers are where this can be found, the main routes of exposure and how to protect yourself from the hazards. (Spanish Version)
Quick Course - Spiders	Course	6	Some spiders occasionally find their way inside structures or buildings and can also present a risk to indoor workers including machine operators, janitors, and cashiers. Insects bites, stings cause thousands of workplace injuries. This quick course covers the dangers around working in an area where spiders may be and how to protect yourself.
Quick Course - Spiders SPANISH	Course	6	Some spiders occasionally find their way inside structures or buildings and can also present a risk to indoor workers including machine operators, janitors, and cashiers. Insects bites, stings cause thousands of workplace injuries. This quick course covers the dangers around working in an area where spiders may be and how to protect yourself. (Spanish version)
Quick Course - Spill Prevention and Management	Course	10	When an accident happens and a hazardous chemical spill occurs, several different outcomes are possible. Businesses that want to successfully cope and recover after an accident must take a comprehensive approach to spill prevention and management.
Quick Course - Stay Strong As You Age	Course	4	In this quick course we'll look at some of the issues workers face as they age and what they can do to stay focused and accident-free.
Quick Course - Staying Safe in the Heat - SPANISH	Course	5	El calor no solo es un peligro en el trabajo al aire libre, sino que esta presente en los ambientes interiores y plantea los mismos riesgos de agotamiento por calor, sarpullido e insolacion. En este curso rapido, aprendera sobre los peligros comunes del calor y las medidas de precaucion que puede tomar para su seguridad y la de los demas.

Title	Type	Est. Time	Description
Quick Course - Staying Safe on Scaffolds	Course	10	Did you know 90% of all falls involving scaffolds happen while workers are performing routine jobs and the average height of those falls are just 12 to 15 feet? This course will cover some tips and tricks to help you stay safe on scaffolds
Quick Course - Staying Safe on Scaffolds - Spanish	Course	7	
Quick Course - Struck-By	Course	10	Struck-by injuries are produced by a forceful hit between the injured person and an object or piece of equipment. In this course, you will learn about the four main types of struck-by injuries, and how to protect yourself from them.
Quick Course - Teamwork and Culture	Course	5	This quick course covers the importance of teamwork and culture in the workplace including the dangers of not working as a team and the benefits of teamwork.
Quick Course - The Basics of Forklift Safety	Course	7	This quick course covers hazards of working with forklifts - both as drivers and pedestrians and how to protect yourself from these dangers whether you are operating the forklift or working around it.
Quick Course - The Environmental Safety Connection	Course	4	This quick course covers how even the smallest change in your actions can impact the environment and how a responsible attitude towards the environment can make a positive impact on safety.
Quick Course - The Frontline of Workplace Security	Course	4	Frontline workers have an important part to play in the security and safety of their company and fellow workers. This quick course covers the hazards frontline workers face and how to deal with them.
Quick Course - Trenching and Excavation - Spanish	Course	5	La mayoría de las regulaciones requieren que si usted trabaja en una excavacion que es de cinco pies de profundidad (o mas profundo), su empleador debe protegerlo contra el colapso de la zanja, derrumbes y otros peligros de zanjas y excavaciones. Este curso rapido revisara los peligros de zanjas y excavaciones y como protegerse.
Quick Course - Trenching and Excavation Safety	Course	10	Trenching and excavation work is inherently dangerous. In fact, it is one of the most hazardous types of work done in the construction industry. Injuries from excavation work tend to be serious and often fatal. This course will outline the requirements for protections and how to stay safe when working in trenches and excavations
Quick Course - Understanding Chemical Labels and Pictograms - Spanish	Course	7	Los productos químicos se utilizan con frecuencia en diversos lugares de trabajo por una serie de razones. Cada producto químico plantea peligros químicos que ponen en peligro su salud y la de los demás. Estos peligros se detallan en las etiquetas y pictogramas de los productos químicos y en este curso aprendera a entenderlos para protegerse.
Quick Course - Understanding Safety Data Sheet - Spanish	Course	5	Las Hojas de Datos de Seguridad (HDS) cumplen la funcion vital de detallar los peligros que suponen las sustancias químicas, como utilizarlas correctamente y que medidas de precaucion hay que tomar. En este curso rapido, aprendera a utilizar las HDS en su beneficio.
Quick Course - Welding Can Hurt More Than Eyes	Course	5	Welding is a routine job on many worksites. It's not just those involved directly with welding who are at risk. Bystanders can also be affected. This quick course covers the dangers of welding and how to protect yourself and others.

Title	Type	Est. Time	Description
Quick Course - Your Fall Protection Equipment Your Lifeline - Spanish	Course	7	En algunos entornos de trabajo, las caídas no solo son un riesgo, sino que son habituales. En este curso rapido, aprendera estrategias de rescate de caídas para garantizar que todas las caídas sean seguras.
Quick Course - Your Hardhat Protects Your Head	Course	4	There are some standard excuses for not wearing a hardhat, "it is too heavy, too hot, too cold or too bulky or even too ugly. But all of these excuses sound very flimsy when you consider how a hardhat can save your life. This quick course will cover the hazards associated with not wearing a hardhat and a hardhat can protect you.
Quick Course: Asbestos Hazards and Health Effects	Course	8	In this quick course, learners will learn about the hazards and health effects of asbestos. In addition, they will learn about common sources of asbestos in a variety of workplaces and what precautionary measures they can take.
Quick Course: Autoclave and Sterilizer Safety	Course	10	In this quick course, learners will learn the hazards posed by autoclaves and sterilizers, in addition to best practices for safety.
Quick Course: Avoid Arc Flash	Course	5	Before you start your job, you should be familiar with electric arcs if you are working on equipment that cannot be turned off. Otherwise, it could cause trauma or death.
Quick Course: Be Handy and Safe with Hand and Power Tools	Course	6	This quick course covers how to keep your hands safe when using hand and power tools.
Quick Course: Climb Your Way to Safe Ladder Use	Course	10	Ladders seem simple, but they pose a significant fall risk in the workplace. In this quick course, you will learn best practices for safe ladder use to ensure everyone gets to go home uninjured.
Quick Course: Cold Storage Safety	Course	10	Industries which process, store or use food products have cold facilities. In this course, you will learn about the hazards of cold storage facilities and how to protect yourself from them.
Quick Course: Communication Facilities	Course	6	Proper communication is crucial for a job to run smoothly and efficiently. Recognizing the communication tools for work tasks and the work environment is important to ensure the proper messages are being received. This quick course will cover key ways for effective communication.
Quick Course: Compressed Air Can Be Dangerous	Video	5	Compressed Air Safety is serious - this quick course reviews the dangers of working with compressed air and how to protect themselves.
Quick Course: COVID-19 Your OHS Responsibilities	Course	10	In this course, you will learn what your OHS program is responsible for during the COVID-19 Pandemic.
Quick Course: Defensive Driving When to be Cautious	Course	10	Road accidents are the leading cause of death at work. Most traffic accidents are the result of driver error or poor operating practices. Drivers take responsibility for their own safety and the safety of others on the roads.
Quick Course: Did you Get the Memo on Office Hazards?	Course	5	In this quick course, you will learn about common hazards in the office environment and protective measures you can take. Things such as tripping hazards, fires, and ergonomics can make working in a office dangerous. Take this course to make your workplace as safe as possible.
Quick Course: Don't Just Stand There	Course	10	This First Aid quick course will go over what to do when you encounter a situation that requires first aid.

Title	Type	Est. Time	Description
Quick Course: Don't Let Your Safety Go Up in Flames	Course	10	Fires are a dangerous and common event that happens in all work environments. In this course, you will learn basic fire safety, including fire extinguisher operation, fire hazards, and best practices.
Quick Course: Don't Mess with an Incident Scene	Video	10	Not only is tampering with the scene of an accident or incident morally wrong, it can land workers in serious legal trouble if the fraud is discovered. And the likelihood of a cover-up being sniffed out by someone who has years of experience investigating workplace injuries and fatalities is high.
Quick Course: Emergency Would You Know How To Respond	Course	5	Even if the danger of an emergency would you know what to do? The knowledge you have during an emergency and the decisions you make during a crisis could mean the difference between life and death.
Quick Course: Fall Hazards and Falls from Heights	Course	10	In this quick course, you will learn how to identify fall hazards in your workplace and take preventative measures to avoid falls.
Quick Course: Fatigue At Work Can Kill You	Course	10	The risk of making mistakes at work increases dramatically if workers sleep for less than seven to eight hours or are awake for more than 17 consecutive hours. This course will outline the hazards of fatigue on the job, as well as how to avoid them.
Quick Course: First Aid - Burns	Course	10	In this quick course, you will learn first aid techniques for dealing with burns sustained by yourself or coworkers while on the job.
Quick Course: First Aid - Chemical Burns and Liquid Gas Burn	Course	10	In this quick course, you will learn first aid techniques for dealing with burns sustained from chemicals or liquid gas by yourself or coworkers while on the job.
Quick Course: First Aid - CPR	Course	4	In this quick course, you will learn first aid techniques for administering CPR and identifying when CPR is necessary while on the job.
Quick Course: First Aid - Electrical Burns	Course	10	High voltage electricity creates a lot of heat and takes the most direct route it can find between its point of contact and where it can leave the body. This course covers the hazards of electrical burns and how to protect yourself.
Quick Course: First Aid - Fractures	Course	10	In this quick course, you will learn first aid techniques for dealing with your own and others' fractures while on the job.
Quick Course: First Aid - Shocks	Course	10	In this quick course, you will learn first aid techniques for when you or others experience shocks while on the job.
Quick Course: Formaldehyde	Course	10	In this quick course, you will learn about common formaldehyde uses, the health risks posed by the chemical, and best practices for workplace safety.
Quick Course: Fundamentals of First Aid: Bleeding, Cuts, and Wounds	Course	6	In this quick course, you will learn how to tend to bleeding, cuts, and wounds sustained by yourself or coworkers on the job.
Quick Course: Have a Plan for Fall Rescue	Course	10	For some work environments, falls are not only a risk but a regular occurrence. In this quick course, you will learn fall rescue strategies to ensure every fall is safe.

Title	Type	Est. Time	Description
Quick Course: Hot Work Safety	Course	6	Hot work is a leading cause of workplace fires. A job is considered „hot“ when it produces sparks, flame or heat, especially if it is done in flammable environments.
Quick Course: Housekeeping's Role in Safe Workplaces	Course	7	One of the best preventative measures in the battle against slips, trips, falls, fires, injuries, and emergencies is good housekeeping. Housekeeping reduces hazards in the workplace and makes day-to-day operations safer for everyone. Take this quick course to learn some best practices you can take for safety.
Quick Course: How to Safely Use Abrasive Wheel Grinders	Course	10	In this quick course, you will learn about the hazards of abrasive wheel grinders and how to safely use them.
Quick Course: How You Can Prevent Violence in the Workplace	Course	5	In this quick course you'll learn how to identify and protect yourself from violent situations in the workplace.
Quick Course: Keep your Guard Up around Machines	Course	10	Machine guards serve a vital role in the workplace. They reduce the risk of cuts, lacerations, amputations, and other injuries. This quick course will teach you about the importance of machine guards and how to use them to your advantage.
Quick Course: Layer Up for Warmth	Course	10	Dressing properly is extremely important to preventing cold stress. This course will outline some tips for dressing properly when working in cold conditions.
Quick Course: Lockout Tagout Tryout	Course	5	Lockout/tagout is a procedure designed to prevent accidents when working on equipment. This procedure is the key to your safety when working on equipment.
Quick Course: Look Out for New Workers	Course	10	Out of everyone on the workforce, the obvious greatest risk comes from new workers. Not only is their inexperience with the field or worksite a risk to themselves, but they are also a risk to everyone else. This quick course will educate you on common risks posed by new workers and integrate new workers safely in the workplace.
Quick Course: Preventing Electrocutation	Course	10	In this quick course, you will learn how to identify electrocution hazards and take preventative measures to make the workplace safer.
Quick Course: Protect Your Hearing and Avoid Hearing Loss	Video	10	Loud noises and prolonged exposure can over time lead to hearing loss. In this quick course, you will learn how to identify common hazards and take precautionary methods to protect your hearing.
Quick Course: Protect Yourself Against Bloodborne Pathogens	Course	6	Bloodborne pathogens pose a serious danger to your health and opportunities in life. Worse of all, the transmission of bloodborne pathogens are possible in any work environment. In this quick course, you will learn about common hazards and strategies to protect yourself.
Quick Course: Protecting Against Electrical Hazards	Course	6	In this quick course, you will learn about common electrical hazards and how to protect yourself and others against them while on the job.
Quick Course: Protecting Against Vertical Fall Hazards	Course	10	In this quick course, you will learn how to identify common vertical fall hazards and utilize best practices for reducing the risk of falls.
Quick Course: Putting Out Fires	Course	5	In this quick course, you'll learn what types of fire extinguishers are used for different fires and the PASS method to using a fire extinguisher.

Title	Type	Est. Time	Description
Quick Course: Re-Open After COVID-19	Course	10	This Quick Course will cover some tips and procedures for post-pandemic reopening
Quick Course: Safe Respirator Use	Course	10	In this quick course, you will learn about common respiratory workplace hazards and how to properly use your respiratory to avoid respiratory damage and illness.
Quick Course: Slips and Trips	Course	10	Slips and trips are among the most common causes of injuries in the workplace, they are also among the most easily preventable. This quick course will go over ways to prevent slips and trips in the workplace.
Quick Course: Stay Safe Working in the Heat	Course	10	Heat is not only a hazard in outdoor work, but is present in indoor environments and poses the same risks of heat exhaustion, rash, and stroke. In this quick course, you will learn about common heat hazards and precautionary measures you can take for your and others' safety.
Quick Course: Take Care of Your Protective Wear	Course	10	Even if you are competent at your job and care about workplace safety, sometimes the only thing that protects you from injury is your personal protective equipment (PPE). This quick course will show the basics of PPE.
Quick Course: Traffic Control During Roadwork	Course	10	In this quick course, you will learn best practices for conducting traffic control while teams are performing roadwork.
Quick Course: Understanding Chemical Labels and Pictograms	Course	5	Chemicals are frequently used in a variety of workplaces for a variety of reasons. Each chemical poses unique hazards that endanger the health of yourself and others. These hazards are detailed in chemical labels and pictograms and in this course you will learn how to understand them to protect yourself.
Quick Course: Understanding Safety Data Sheets	Course	5	Safety Data Sheets (SDS) serve the vital role of detailing the hazards posed by chemical substances, how to properly use chemical substances, and what precautionary measures to take. In this quick course, you will learn how to utilize SDS to your advantage.
Quick Course: Using Ladders Safely	Course	10	It is important to use ladders safely to avoid fall and related injuries in the workplace. In this quick course, you will learn about the hazards ladders pose and best practices for your safety.
Quick Course: WHMIS Pictograms	Course	7	In this course, we will discuss the two categories of hazards, find out which WHMIS 2015 hazards do not have pictograms, and identify the WHMIS 2015 pictograms.
Quick Course: Winter Safety Hazards	Course	8	The temperatures drop and the seasonal risks emerge. This quick course covers situations where there is risk and danger for workers with winter hazards.
Quick Course: Your Fall Protection Equipment - Your Lifeline	Course	5	For some work environments, falls are not only a risk but a regular occurrence. In this quick course, you will learn fall rescue strategies to ensure every fall is safe.
Radio Communications	Course	20	This course includes why radio operator training is required, key operator responsibilities, prioritizing messages and approved and prohibited message content, procedures for radio messages, radio code words, and general radio communication requirements.
Reach Truck Safety - SS1027GE	Video	16	
Reach Truck Safety - SS1027GS Spanish	Video	16	

Title	Type	Est. Time	Description
Reasonable Suspicion for Supervisors	Course	60	Reasonable suspicion testing is one component of a comprehensive workplace drug and alcohol testing program. This course will cover the importance of testing, responsibilities, regulations and more.
Recognizing Chemical Dependency & What to do About It	Course	21	
Respiratory Protection Safety Video	Video	16	
Respiratory Protection The Facts SS1030BE	Video	17	Sometimes it is difficult to respect a hazard you can't see or one that may take years to affect you. Respirators can provide protection, but only if they are worn and used properly. Respiratory Protection creates an awareness and respect for the hazards by demonstrating with highly effective graphics how the respiratory system works and the effects of different airborne hazards. The program covers proper use, care and maintenance of air-purifying respirators and the importance of proper selection and fit. Respiratory Protection will educate and motivate your worker on when and how to properly use their air-purifying respirator.
Respiratory Protection The Facts SS1030BS	Video	17	Sometimes it is difficult to respect a hazard you can't see or one that may take years to affect you. Respirators can provide protection, but only if they are worn and used properly. Respiratory Protection creates an awareness and respect for the hazards by demonstrating with highly effective graphics how the respiratory system works and the effects of different airborne hazards. The program covers proper use, care and maintenance of air-purifying respirators and the importance of proper selection and fit. Respiratory Protection will educate and motivate your worker on when and how to properly use their air-purifying respirator. (Spanish Version)
Respiratory Protection: The Facts - SS1030BE	Video	18	
Respiratory Protection: The Facts-SS1030BS SPANISH	Video	18	
Retain - Emergency Response	Course	6	
Return to Work for Managers/Supervisors	Course	20	This course will help you understand the return-to-work (RTW) requirements under OHS and/or workers' comp law and what you can do to comply with those requirements and help injured or ill workers rejoin the workforce in as smooth a transition as possible.
Road Rage and Aggressive Driving SS1076IE (12 mins.)	Video	12	
Rooftop Loading Safety - SS3025AE	Video	16	
Rooftop Safety - SS21002AE (7 mins)	Video	7	
Safe Backing Of Tractor Trailer Rigs Safety Video	Video	11	
Safe Lifting and Carrying Techniques for Ski Area Employees SS1001JE	Video	5	
Safe Moving & Handling For Caregivers	Course	43	

Title	Type	Est. Time	Description
Safe Operation Of Snowmobiles SS1005JE	Video	7	
Safe Patient Handling in Healthcare	Course	30	<p>Developed by Oregon Nurses Association, Bay Area Hospital, and The University of Oregon Labor Education and Research Center.</p> <p>This material has been made possible by a grant from Oregon Occupational Safety and Health Division (Oregon OSHA), a division of the Department of Consumer & Business Services.</p> <p>The content is intended to provide current information about ergonomics and safety issues related to patient handling and care tasks. The field of ergonomics is dynamic, and new information is constantly being developed.</p> <p>There may be instances in which workplace issues are more complex than those presented here. You may need the advice of a professional Ergonomist or other experts.</p> <p>Brand names mentioned or seen in the training materials do not constitute endorsement of the device, equipment, or product.</p>
Safe Rigging Practices/Construction Safety Video	Video	23	
Safely On Your Feet Safety Video (Spanish)	Video	13	
Safety Awareness	Video	18	This course on safety awareness will cover the duties of a supervisor, employer and worker and why safety is such an important part of our day. It covers common workplace hazards and how to protect yourself.
Safety Awareness SPANISH	Video	23	This course on safety awareness will cover the duties of a supervisor, employer and worker and why safety is such an important part of our day. It covers common workplace hazards and how to protect yourself. (Spanish Version)
Safety Data Sheets	Course	12	Safety Data Sheets - or SDS's - are summary documents that provide information about the hazards of a product and advice about safety precautions. This course covers what an SDS is, when an SDS should be used, what information is found on the SDS and more.
Safety Orientation For Industrial Environment - SS1043AE	Video	19	
Safety Orientation For Industrial Environment - SS1043AS	Video	21	
Spanish			

Title	Type	Est. Time	Description
Safety Orientation For Industrial Environment SS1043AE	Video	18	Employees in industrial environments face different hazards than those in office or warehousing environments. For this reason they need training that addresses the hazards they face in the course of their job. This program covers General Safety Rules, Workplace Hazards, PPE, Machine Guarding, Emergency Action Plans, Slips & Falls, Housekeeping, Working at Heights, Hand & Electrical Tools, Hazard Communication, Forklifts, Proper Body Mechanics and other vital information.
Safety Orientation For Industrial Environment SS1043AS	Video	18	Employees in industrial environments face different hazards than those in office or warehousing environments. For this reason they need training that addresses the hazards they face in the course of their job. This program covers General Safety Rules, Workplace Hazards, PPE, Machine Guarding, Emergency Action Plans, Slips & Falls, Housekeeping, Working at Heights, Hand & Electrical Tools, Hazard Communication, Forklifts, Proper Body Mechanics and other vital information.
Safety Tip - Heat Stress Prevention	Video		Safety Tip - Heat Stress Prevention
Sales: Personas and Messaging - RETAIN	Video	4	
Sanitation & Hygiene For Food Service Employees - SS5004AE	Video	10	
Sanitation & Hygiene For Food Service Employees - SS5004AS Spanish	Video	11	
Scaffold Safety - Construction	Course	40	After completing this course, the learner will recognize types of scaffolds, scaffold hazards, including electrical, structural, falls, and falling objects, and will demonstrate proper use of procedures for working on or near scaffolds.
Scaffold Safety Safety Video (Spanish)	Video	8	
Scaffolding Safety - SPANISH	Course	34	After completing this course, the learner will recognize types of scaffolds, scaffold hazards, including electrical, structural, falls, and falling objects, and will demonstrate proper use of procedures for working on or near scaffolds. (Spanish Version)
School Bus Safety For Parents and Teachers	Course	12	
Scissor Lift Safety Video	Video	10	
Seasonal Safety - Winter	Course	20	Winter season can be cold and expose outdoor workers to hazards such as dangerous road conditions, and extreme cold temperatures. This course will demonstrate how to stay safe in the winter.
Seasonal Safety - Winter SPANISH	Course	23	Winter season can be cold and expose outdoor workers to hazards such as dangerous road conditions, and extreme cold temperatures. This course will demonstrate how to stay safe in the winter. (Spanish Version)
Securing Loads Safely - SS17011AS SPANISH VERSION	Video	12	
Securing Loads Safely - SS17011AE (11 min.)	Video	11	

Title	Type	Est. Time	Description
Security Awareness - Management Training Safety Video (Spanish)	Video	20	
Security Awareness Training for Management Video	Video	20	
Security Awareness-Associate Training-Hospitality - SS5027AE (12 min.)	Video	12	
Security Awareness-Associate Training-Hospitality - SS5027AS (12 min.) Spanish	Video	12	
Sexual Harassment for Employees - Connecticut	Video	20	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees.
Sexual Harassment for Employees New York	Video	30	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees.
Sexual Harassment Prevention California - Employees	Video	60	State regulations define sexual harassment as unwanted sexual advances, or visual, verbal or physical conduct of a sexual nature. This definition includes many forms of offensive behavior and includes gender-based harassment of a person of the same sex as the harasser. This course will cover important information for employees including What is Harassment in California, the Fair Employment and Housing Act, Title VII Civil Rights Act, the Ralph Act, Discrimination, What Constitutes Sexual Harassment and much more.
Sexual Harassment Prevention California - Employees - Spanish	Video	60	Esta leccion le informa sobre las responsabilidades y consecuencias asociadas con el acoso sexual y otros tipos de acoso en el lugar de trabajo. Ademas, cubre como responder cuando ocurre el acoso, los aspectos de una investigacion de acoso, los peligros de las represalias y los pasos que tanto los empleados como la gerencia deben tomar para prevenir el acoso sexual u otro tipo de acoso.
Sexual Harassment Prevention California - Managers	Video	120	Have you dealt with sexual harassment in some form or another during the course of your career? Did you assist an employee with their harassment claim after they reported it? Have you witnessed sexual harassment? Did you report it, stop it, participate in it, or ignore it? Have you been sexually harassed? All California employers with five or more employees must provide at least two hours of classroom or other effective interactive training and education on sexual harassment to all supervisory employees Within six months of hire or starting a new role as a supervisor or manager.
Sexual Harassment Prevention California - Managers - Spanish	Video	120	Esta leccion le informa sobre las responsabilidades y consecuencias asociadas con el acoso sexual y otros tipos de acoso en el lugar de trabajo. Ademas, cubre como responder cuando ocurre el acoso, los aspectos de una investigacion de acoso, los peligros de las represalias y los pasos que tanto los empleados como la gerencia deben tomar para prevenir el acoso sexual u otro tipo de acoso.

Title	Type	Est. Time	Description
Sexual Harassment Prevention for Employees	Video	45	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees. This course is not for California, Connecticut or New York.
Sexual Harassment Prevention for Managers	Video	65	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees. This course is not for California, Connecticut or New York.
Sexual Harassment Prevention for Managers - Connecticut	Video	35	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees.
Sexual Harassment Prevention for Managers - New York	Video	90	This course covers the two main types of sexual harassment - quid pro quo and hostile work environment, rights and responsibilities of employees and employers, how to recognize harassing behaviors, reporting harassment, and prevention strategies. It is geared towards employees.
Sexual Harassment Safety Video	Video	17	
Sharps Safety	Course	15	This course will cover sharp safety including what a sharp is, the risk of handling sharps, ways to protect yourself and what to do if you've been pricked or cut by a sharp.
Sharps Safety (Spanish)	Course	11	
Shop Safety SS1083IE	Video	10	
Shop Safety SS1083IS	Video	10	
Silica Hazards	Course	20	This lesson will improve the safety of workers in environments containing silica exposure hazards by increasing individual employee awareness of silica and exploring how silica can be recognized and addressed in the workplace.
Site Safety Inspections - Construction	Course	13	Keeping construction sites safe is incredibly important. In this course, we'll explain why safety inspections on construction sites are crucial, and why they should not be seen as a burden or just a formality. The benefits of these safety checks are huge, and they don't only affect the workers' safety.
Situational Awareness at the Ski Resort SS1002JE (5 min)	Video	5	
Skid Steer Safety - Part 01 - Introduction	Course	4	Part one of this four-part series will introduce you the skid steer including the dangers of working with a skid steer loader in order to help you avoid injury or death.
Skid Steer Safety - Part 02 - Safe Operation	Course	11	Part two of this four-part series will cover safe operation of a skid steer including inspection, start up and shut down and how to avoid dangerous crushing and rollovers.
Skid Steer Safety - Part 03 - Other Hazards	Course	17	Part three of this four-part series will cover other hazards of a skid steer including load handling, moving pipe, hazardous conditions, pedestrian safety and more.

Title	Type	Est. Time	Description
Skid Steer Safety - Part 04 - Communication	Course	3	The final part of this four-part series will cover the importance of communication when operating and working around a skid steer including signals and signs.
Slips And Falls: Universal Language Safety Video	Video	14	
Slips Trips & Falls - Horizontal Fall Protection for Managers and Supervisors	Course	20	Developed for managers and supervisors, this course will help you understand and explain the differences between slips, trips and falls, identify and assess the hazards that cause each one, and select appropriate controls to manage those hazards, including engineering controls, administrative and work controls and fall protection and other personal protective equipment (or PPE).
Slips, Trips and Falls Safety Video	Video	11	
Slips, Trips And Falls Safety Video (Spanish)	Video	11	
Slips, Trips and Falls SS1064IE	Video	12	When most people think of workplace injuries they visualize high-risk activities. Slips, trips and falls are the second-leading cause of workplace injuries and fatalities. Over 50% of them occur at ground level. Slips, trips, and falls are 100% preventable. This new, engaging and fast-paced program will motivate your employees to recognize and respect the common causes of slips, trips and falls, and teach them procedures and techniques to prevent them from occurring and causing injury. This program will have a positive impact at your work site.
Slips, Trips and Falls SS1064IS	Video	12	
Slips, Trips, and Falls	Course	40	This course will address avoiding falls by practicing good housekeeping, identifying and reporting hazards, and recognizing safety requirements for walking and working surfaces, ladders, scaffolds and other elevated work surfaces.
Snowplow Safety - SS1074IE	Video	11	
Solar - Components of an Electrical Circuit	Course	1	
Solid Waste: Commercial Pickup - SS10036AE	Video	12	
Solid Waste: Commercial Pickup - SS10036AS SPANISH VERSION	Video	12	
Solid Waste: Lockout Tagout - SS10035AE (13 min.)	Video	13	
Solid Waste: Pre-Trip Inspection - SS10032AE	Video	9	
Solid Waste: Pre-Trip Inspection - SS10032AE (10 min.)	Video	10	
Solid Waste: Route Safety - SS10034AS SPANISH VERSION	Video	9	
Solid Waste: Safety Orientation - SS10030AE	Video	12	

Title	Type	Est. Time	Description
Solid Waste: Vehicle Backing Accident Prevention - SS10033AE (10 min.)	Video	10	
Solid Waste: Vehicle Backing Accident Prevention - SS10033AS (10 min.) SPANISH VERSION	Video	10	
Spanish - Bloodborne Pathogens (BBP) Overview	Course		Spanish - Bloodborne Pathogens (BBP) Overview
Spanish - Hazard Communication	Course		Spanish - Hazard Communication
Spanish - Hazard Communication Overview	Course		Spanish - Hazard Communication Overview
Spanish - Hot Work with Arc Welding	Course	30	This course covers the hazards of hot work, requirements for performing hot work, equipment and precautions to ensure the safety of hot work employees, and safety practices for arc welding and cutting and oxygen-fuel gas cutting and welding.
Spanish - Slips, Trips, and Falls Overview	Course		Spanish - Slips, Trips, and Falls Overview
SPANISH: Asbestos Hazard Awareness	Video	40	Asbestos is an incredibly dangerous material that has caused thousands of deaths. In this course, learners will be trained to understand the dangers of exposure and inhalation of asbestos as well as how to minimize exposure of the toxic material.
SPANISH: Basic Respiratory Protection	Course	40	By the end of this lesson employees will know types of respiratory hazards and possible health effects, ways to minimize or eliminate hazards, qualifications for respirator use, types of respirators, selecting the right one, and proper respirator care.
SPANISH: BBP - Bloodborne Pathogens	Course	40	This course teaches employees how to identify common bloodborne pathogens in the workplace, how they are transmitted, engineering and work practice controls used to prevent contact with, and infection from, body fluids, and what to do if exposure occurs.
SPANISH: CMVs - Safe Driving Behavior for Commercial Motor Vehicles	Course	25	The purpose of this course is to enable CMV drivers to recognize undesirable driving behaviors, hazardous conditions, safe driver responsibilities, desired driving behaviors, and how to respond to potential roadway hazards.
SPANISH: Cold Stress	Video	25	The goal of the course is to create awareness of the hazards inherent to working in cold environments. Additionally, the course identifies the nature, symptoms and treatment of cold stresses and precautions employees should take to protect themselves.
SPANISH: Confined Space Entry - Permit Required	Course	30	Upon completion, learners will be able to identify characteristics, examples, and hazards of confined spaces, differences between permit-required and non-permit-required confined spaces, and requirements of a permit-required confined space entry program.
SPANISH: Confined Spaces	Course	30	The goal of the course is to create awareness of the hazards inherent to working in cold environments. Additionally, the course identifies the nature, symptoms and treatment of cold stresses and precautions employees should take to protect themselves.

Title	Type	Est. Time	Description
SPANISH: CPR - Cardiopulmonary Resuscitation	Course	15	Knowing how to perform CPR could be the difference between life and death. This course covers how to respond to a cardiac or respiratory emergency using CPR or abdominal thrusts, and how to protect against bloodborne pathogens.
SPANISH: Electrical Safety	Course	40	To enable employees to reduce workplace accidents involving electricity by learning to identify electrical hazards, take proper control measures and follow safe work practices, and response actions in the event of shock or fire.
SPANISH: Emergency Response	Course	25	This course covers emergency action plans and emergency response procedures, alarm systems, fire prevention plans, emergency exit routes, natural disasters, and other emergency situations such as bomb threats, violence, and hazmat spills.
SPANISH: First Aid: Medical Emergencies	Course	25	The purpose of this course is to educate employees on how to appropriately respond to medical emergencies such as respiratory distress, diabetes, hypoglycemia, seizures, fainting and stroke.
SPANISH: First Aid: Basic First Aid	Course	60	Knowing how to respond appropriately when an injury happens, with Basic First Aid, could be the difference between life and death. This course covers response to common first aid emergencies, such as breathing emergencies and broken bones.
SPANISH: First Aid: Environmental Emergencies	Course	10	After completing this course, learners will be able to recognize and respond to poisoning, chemical splashes, hot and cold emergencies and other environmental emergencies.
SPANISH: First Aid: Fundamentals	Course	40	After completing this course, learners will be able to explain initial responder responsibilities, identify legal and ethical issues related to being a first responder, and explain when it is appropriate to move injured patients and how it should be done.
SPANISH: First Aid: Musculoskeletal Injuries	Course	11	This course identifies how to respond to musculoskeletal injuries, including fractures, sprains, joint dislocations, and injuries to the head, neck and spine.
SPANISH: First Aid: Soft Tissue Injuries	Video	20	This course covers how to respond to trauma related soft tissue emergencies including cuts, puncture wounds and impaled objects injuries, burn injuries and electrical injuries.
SPANISH: Forklift Lesson 2: Stability and Capacity	Video	40	Forklift tip-overs and unstable loads are dangerous. This course covers forklift stability and capacity principles, the stability triangle and its importance in safe operation, and other principles of safe forklift operation.
SPANISH: Forklift Lesson 3: Load Handling	Video	40	Upon completion, learners will be able to describe procedures for safe load handling, including how to safely pick up, travel with, unload and stack a load, including the safest way to travel up and down ramps with or without a load.
SPANISH: Forklift Lesson 4: Safe Driving Practices	Video	40	This course covers safe driving practices for forklift safely, including how to recognize hazardous driving conditions, safe practices for working around pedestrians, and safe work practices on loading docks.
SPANISH: Forklift Lesson 6: Inspection and Maintenance	Video	40	This course covers forklift inspection criteria, and procedures for maintenance, refueling and recharging units.

Title	Type	Est. Time	Description
SPANISH: Forklift Lesson: Fundamentals	Video	40	Before operating a forklift, it is essential that operators know the basics about forklift safety and operating. Part one in a six-part program covers the fundamentals of operating a forklift.
SPANISH: Forklift Operator Lesson: Inspection and Maintenance	Video	40	This course covers forklift inspection criteria, and procedures for maintenance, refueling and recharging units.
SPANISH: Forklift Operator Lesson: Load Handling	Video	40	Esta leccion es la tercera de un currículo de cinco lecciones diseñado para crear conciencia en los trabajadores sobre los reglamentos federales de seguridad para operar un montacargas. El currículo se emplea como el componente de instruccion formal para la capacitacion del operario de un montacargas y generalmente antecede a la capacitacion practica del operario y a la capacitacion en el lugar específico. Los reglamentos para la operacion de un montacargas se describen en 29 CFR 1910. Esta leccion presentara informacion general sobre los desafíos para el manejo de cargas, así como los procedimientos sobre como evaluar, recoger, transportar y descargar una carga. La leccion tambien describira metodos para lidiar con algunos desafíos del entorno asociados con el manejo de una carga, que incluyen pilas altas, rampas, plataformas de carga y remolques.
SPANISH: Forklift Operator Lesson: Safe Driving Practices	Video	40	Esta leccion es la cuarta de un currículo de cinco lecciones diseñado para crear conciencia en los trabajadores sobre los reglamentos federales de seguridad para operar un montacargas. El currículo se emplea como el componente de instruccion formal para la capacitacion del operario de un montacargas y generalmente antecede a la capacitacion practica del operario y a la capacitacion en el lugar específico. Los reglamentos para la operacion de un montacargas se describen en 29 CFR 1910. Esta leccion presentara algunas reglas basicas de seguridad para la operacion de un montacargas, así como informacion sobre como conducir un montacargas de manera segura alrededor de peatones, sobre superficies dificiles y en espacios cerrados.
SPANISH: Forklift Operator Lesson: Stability and Capacity	Video	40	Forklift tip-overs and unstable loads are dangerous. This course covers forklift stability and capacity principles, the stability triangle and its importance in safe operation, and other principles of safe forklift operation.
SPANISH: Hand and Power Tools	Course	40	Employees will be able to recognize different types of tools, including manual, electric, pneumatic, hydraulic, liquid-fueled, powder-actuated, and abrasive wheel tools, identify hazards of use, and recall safe work procedures for each type of tool. (Spanish Version)
SPANISH: Hand Safety	Course	25	The hands are involved in almost everything a worker does. To prevent injuries workers must be able to identify hand hazards, understand how to prevent hand injuries, and know the different types of hand protection and when to use them.
SPANISH: Hearing Conservation	Course	20	In this course, employees learn how to identify noise hazards that could damage hearing, factors that determine the extent of hearing loss, when hearing protection is required, and steps to take to reduce potential hearing damage.

Title	Type	Est. Time	Description
SPANISH: Heat Stress	Video	40	After completing this course learners will be able to identify heat related hazards, types of heat illnesses (heat stroke, heat exhaustion, heat rash, etc.), symptoms and treatment of heat related illnesses and how to protect against heat stress.
SPANISH: Hydrogen Sulfide Safety	Course	30	This course covers the hazards and health effects of hydrogen sulfide exposure, methods used to detect, monitor and warn of hydrogen sulfide, and ways to protect against exposure, as well as responses to hydrogen sulfide exposures and emergencies.
SPANISH: Industrial Ergonomics	Course	30	Poor ergonomics can cause pain and injury. This course covers the purpose of ergonomics, common ergonomic problems and their signs and symptoms, and how changes in habits and workspace arrangement can reduce ergo related problems.
SPANISH: Ladder Safety	Course	37	Upon completion of the course learners will understand common hazards of ladder use, recognize types of ladders, requirements for use, fall prevention techniques, and how to inspect ladders before and after use to ensure safe use.
SPANISH: LOTO - Lockout-Tagout	Course	35	This course covers the purpose of LOTO, locks and tags and their use, and the differences between authorized, affected and other employees.
SPANISH: Office Ergonomics	Course	45	Aprender sobre ergonomía puede prevenir lesiones. Este curso explica por que la ergonomía ayuda a prevenir las lesiones en la oficina, proporciona ideas y procedimientos para prevenir el dolor o las lesiones, y describe estrategias para que la oficina sea mas ergonomica.
SPANISH: Overhead and Gantry Crane Safety	Course	30	This course covers overhead crane hazards, safety devices, pre-op inspection and testing, and procedures for load rigging and lifting. As well as safe work practices for unattended equipment, working around others, and disconnecting power to equipment.
SPANISH: Personal Fall Arrest Systems	Course	25	The goal of this course is to enable learners to recognize the hazards of falling, components of personal fall arrest systems and how they work together to arrest a fall, and how to inspect, don, and properly attach the system to an anchorage point.
SPANISH: PPE - Personal Protective Equipment: Foot Protection	Course	10	Wearing PPE is sometimes the only control for specific hazards. The focus of this course is to help employees identify types of PPE and the hazards they protect against, explain characteristics of PPE and worker and employer PPE responsibilities.
SPANISH: PPE - Personal Protective Equipment: Fundamentals	Course	10	Wearing PPE is sometimes the only control for specific hazards. The focus of this course is to help employees identify types of PPE and the hazards they protect against, explain characteristics of PPE and worker and employer PPE responsibilities.
SPANISH: PPE - Personal Protective Equipment: Hand Protection	Course	10	Hand injuries send a million workers to ERs each year. Hand injuries are the No. 2 leading cause of work-related injury, but also the most preventable. This course will help users recognize, identify and describe the value of PPE for hand safety.

Title	Type	Est. Time	Description
SPANISH: PPE - Personal Protective Equipment: Respiratory Protection	Course	20	Every day workers perform duties in dirty, dusty, toxic, and low/no oxygen environments. The focus of this course is to educate workers on the types and use requirements of respiratory equipment and how it can be used to prevent illness and death.
SPANISH: Slips, Trips, and Falls	Course	40	This course will address avoiding falls by practicing good housekeeping, identifying and reporting hazards, and recognizing safety requirements for walking and working surfaces, ladders, scaffolds and other elevated work surfaces.
Spill Prevention, Control, and Countermeasure Plan - SPANISH	Course	35	This course covers the harmful effects of spilled oil and regulations for oil pollution prevention. The purpose and requirements of a SPCC Plan, procedures to prevent spills, and measures for stopping a spill from reaching the environment. (Spanish Version)
Stormwater Management	Course	30	After completing this course, learners will be able to identify components of a Stormwater Pollution Prevention Plan, identify best practices for housekeeping, spill prevention, inspections, erosion control, and responding to a hazmat spill/release.
Stormwater Management SPANISH	Course	35	After completing this course, learners will be able to identify components of a Stormwater Pollution Prevention Plan, identify best practices for housekeeping, spill prevention, inspections, erosion control, and responding to a hazmat spill/release. (Spanish Version)
Supermarket: Bloodborne Pathogens - SS11004AE	Video	7	
Supermarket: Bloodborne Pathogens - SS11004AS SPANISH	Video	7	
Supermarket: Lockout/Tagout (7 min.) SS 11002AE	Video	7	
Supermarket: Lockout/Tagout SPANISH	Course	6	
Suspensions and Expulsions	Course	18	
Telehandlers: Safe Operation-Construction Safety Video	Video	16	
Texting and Driving - The Facts	Course	9	
The Aging Workforce - Supervisor Version - SS5038AE (16 mins)	Video	16	
The Aging Workforce: Employee Training - SS5039AE (10 min.)	Video	10	
The Aging Workforce: Employee Training - SS5039AE (10 min.)	Video	10	
Toxic Mold: The Facts Safety Video	Video	18	
Tractor Hand Signals SS16029AE	Video	4	
Tractor Safety SS16028AE	Video	14	

Title	Type	Est. Time	Description
Traffic Control - Work Zone Safety	Course	25	This course discusses the hazards associated with work zones and important ways to protect yourself, your co-workers, pedestrians, and motorists in a road construction zone from injuries as a result of work zone accidents.
Traffic Control - Work Zone Safety SPANISH	Course	40	This course discusses the hazards associated with work zones and important ways to protect yourself, your co-workers, pedestrians, and motorists in a road construction zone from injuries as a result of work zone accidents. (Spanish Version)
Transgender and Non-Binary Awareness	Video	60	It's estimated that around 4% of the population in Europe and the US could be transgender, non-binary or gender non-conforming. Many trans and non-binary people encounter inappropriate behaviour and a lack of understanding and respect, both at work and in society. Using a mix of drama, real-life stories and expert commentary, this short course provides a unique insight into what it's like to be trans and non-binary in today's society, setting out appropriate language and etiquette and reinforcing the importance of treating trans and non-binary colleagues and customers with the dignity and respect they deserve.

Title	Type	Est. Time	Description
Unconscious Bias	Course	30	<p>New version for 2023. Includes new interactive, choose-your-own-journey scenarios and updated diversity, equity and inclusion content based on the latest instructional science.</p> <p>Unconscious Bias covers the basic concepts of unconscious (also know as implicit) bias and promotes diversity and inclusion in the workplace. The course provides eye-opening opportunities to shift perspectives and experience the world in a way that challenges us to examine how we think about the people around us.</p> <p>In Module One (Definitions and Basic Concepts), users navigate a scenario where they encounter two quite different individuals in a familiar setting. Through these engaging interactions, basic definitions are put into context and users are gently reminded of the need to recognize, understand, and deal with their own possible biases.</p> <p>In Module Two (Bias in the Workplace), users assume the role of Brad Nelson. Brad is a new employee, and he's experiencing an office culture that is very different from any he's ever known. Through a series of decision points, Brad has to deal with his boss, co-workers, and direct reports in situations that offer nuanced insights into possible unconscious biases and their possible effects in a diverse workplace.</p> <p>In an Unconscious Bias Exercise, users are put in a completely different workplace and asks them to make quick judgments based on very little information. In a quick-hitting exercise, a variety of viewpoints from a diverse group of people becomes a tool to examine how first impressions, biases, and stereotypes may influence attitudes and decision-making.</p> <p>Module 3 examines cultural biases from both sides of a hiring scenario and Module 4 asks learners to think about their thinking and consider why and how their impressions of the world have come to be.</p> <p>Unconscious Bias includes a combination of scenario modeling, branching decision points, remediation through teaching text, interactive exercises, beautiful graphic design and the</p>
Understanding Gender and Gender Identity	Course	60	<p>Having an understanding of gender and gender identity is important in today's society. While it feels natural to describe people using the terms we were taught since early childhood, the female-male binary no longer applies to everyone. In this video we'll discuss what gender identity is and provide some tips for respecting everyone's deeply held sense of self.</p>
Understanding Solar Panels: Angles of Solar Panels	Course	2	

Title	Type	Est. Time	Description
Understanding Solar Panels: Batteries	Course	3	
Understanding Solar Panels: Battery Wiring Methods	Course	4	
Understanding Solar Panels: Charge Controllers	Course	9	
Understanding Solar Panels: Components of Electricity	Course	3	
Understanding Solar Panels: Flooded vs Sealed Lead Acid	Course	4	
Understanding Solar Panels: Grid Tie Inverters	Course	4	
Understanding Solar Panels: Grid Tie Systems	Course	6	
Understanding Solar Panels: Intro to Off-Grid	Course	3	
Understanding Solar Panels: Lithium	Course	1	
Understanding Solar Panels: Mono vs Poly	Course	6	
Understanding Solar Panels: Mounting Panels	Course	2	
Understanding Solar Panels: Off-Grid Components	Course	1	
Understanding Solar Panels: Off-Grid Inverter	Course	2	
Understanding Solar Panels: Off-Grid Inverter - Low vs High Frequency	Course	6	
Understanding Solar Panels: Peak Sun Hours	Course	3	
Understanding Solar Panels: Production Ratings	Course	3	
Understanding Solar Panels: Rapid Shutdown Box	Course	1	
Understanding Solar Panels: RV Considerations	Course	6	
Understanding Solar Panels: Series and Parallel Wiring	Course	3	
Understanding Solar Panels: Sizing of Grid Tie Systems	Course	2	
Understanding Solar Panels: Solar Iridescence	Course	1	
Understanding Solar Panels: What are RV/Marine Solar Systems?	Course	6	
Understanding Solar Panels: What Will I Need For My RV	Course	4	

Title	Type	Est. Time	Description
Understanding the Purpose of Teamwork	Course	60	Great teams create and innovate, meet demanding performance targets, and complete major projects within timescale and budget. They can be the difference between a company that survives and one that thrives. This course is part of the Teamworking Series, a series designed to help team leaders build and manage high-performing teams. In this course, you will learn the benefits of teamwork, the criteria for building a new team, and some of the challenges in building and working with a team. After completing this course, you'll be able to determine whether a team is the right investment for your organization's goals.
Utility - Bucket Rescue	Course		Utility-Bucket Rescue
Utility - Dog Attack	Course		
Utility - Sling Safety	Course		Utility-Sling Safety
Utility - Working with Self-Contained Meters	Course		Working with Self-Contained Meters
Utility Cart Safety - SS1043IE	Video	9	
Utility Cart Safety - SS1043IS SPANISH VERSION	Video	9	
Valley Fever	Course	15	Valley fever is a disease caused by a fungus that gets into your body through your lungs. This course will review what valley fever is, where it occurs, symptoms and treatment.
Valley Fevery - SPANISH	Course	18	Valley fever is a disease caused by a fungus that gets into your body through your lungs. This course will review what valley fever is, where it occurs, symptoms and treatment. (Spanish Version)
Valuing Diversity at Work	Course	15	True inclusion can only exist when people in the workplace feel free to be themselves. Everybody's opinions, abilities and contributions must not only be tolerated, but also valued so that all employees have the opportunity to maximize their potential. This course will cover the importance of diversity at your workplace.
Valuing Diversity at Work - SPANISH	Course	15	La verdadera inclusion solo puede existir cuando las personas en el lugar de trabajo se sienten libres de ser ellas mismas. Las opiniones, habilidades y contribuciones de todos no solo deben ser toleradas, sino tambien valoradas para que todos los empleados tengan la oportunidad de maximizar su potencial. Este curso tratara de la importancia de la diversidad en su lugar de trabajo.
Varun Testing	Course	1	
Violence in the Workplace - SPANISH	Course	15	Workplace violence can occur at the workplace or anywhere a job takes an individual, and can also range from threats and verbal abuse to physical assaults and murder. (Spanish Version)
Violence in the Workplace Safety Video (Spanish)	Video	16	

Title	Type	Est. Time	Description
Warehouse Safety - The Basics SS1099AE	Video	11	Warehouses play a critical role in our economy. They tend to be fast-paced and busy environments which can give rise to many different types of hazards. As a result, more employee fatalities occur in warehouses than in most other workplaces, and thousands of injuries occur there every year. This training program makes sure employees are informed about warehouse hazards and how to avoid them.
Warehouse Safety - The Basics SS1099AS	Video	11	Warehouses play a critical role in our economy. They tend to be fast-paced and busy environments which can give rise to many different types of hazards. As a result, more employee fatalities occur in warehouses than in most other workplaces, and thousands of injuries occur there every year. This training program makes sure employees are informed about warehouse hazards and how to avoid them. (Spanish Version)
Wastewater and Storm Water Management	Course	35	This course covers regulatory requirements for waste, stormwater and septic system discharges, sources of waste and stormwater, as well as potential contaminants, waste and stormwater permitting requirements and SWPPP components.
What Is Risk SS1041IS	Video	6	
What Is Risk SS104IE	Video	7	This video defines what risk is and teaches viewers to recognize risk, both in their personal lives and at work. Viewers are shown their personal responsibility as it relates to reducing risk.
WHMIS 2015 Safety Video (No Quiz)	Video	45	
Wildlife Awareness Training	Video	50	In this course you will learn about wildlife awareness including: Poisonous Plants, Insects and Spiders, Snakes, Disease from Animals, Small Animals, Large Animals, How Drivers Can Reduce the Chances of Having a Wildlife Vehicle Collision.
Wildlife Awareness Training SPANISH	Video	55	In this course you will learn about wildlife awareness including: Poisonous Plants, Insects and Spiders, Snakes, Disease from Animals, Small Animals, Large Animals, How Drivers Can Reduce the Chances of Having a Wildlife Vehicle Collision. (Spanish Version)
Winter Driving Safety SPANISH	Course	26	The best way to stay safe during winter driving conditions is to avoid them altogether. If it's possible for you to avoid driving in the snow and ice, stay put. But hunkering down isn't always an option. If you have to hit the road when it's snowy, icy, or wet, make sure both you and your car are prepared for safe winter driving. (Spanish Version)
Winter Weather Driving	Course	30	The best way to stay safe during winter driving conditions is to avoid them altogether. If it's possible for you to avoid driving in the snow and ice, stay put. But hunkering down isn't always an option. If you have to hit the road when it's snowy, icy, or wet, make sure both you and your car are prepared for safe winter driving.
Work Refusals - COVID-19	Course	10	This course covers your responsibilities when it comes to refusing work due to COVID-19 infection. It covers legal obligations and other information including information on encounters between the employee and employer and other personal circumstances that may be involved in the refusal.

Title	Type	Est. Time	Description
Work Related Stress From COVID	Video	15	This course covers how to deal with work related stress caused by the COVID-19 pandemic including practical tips on taking care of our health and well being.
Working Alone	Course	20	While it is not always hazardous to work alone, it can be when other circumstances are present. Whether a situation is a high or low risk will depend on the location, type of work, interaction with the public, or the consequences of an emergency, incident, injury, etc. This wide variety of circumstances makes it important to assess each situation individually.
Working Alone SPANISH	Course	18	While it is not always hazardous to work alone, it can be when other circumstances are present. Whether a situation is a high or low risk will depend on the location, type of work, interaction with the public, or the consequences of an emergency, incident, injury, etc. This wide variety of circumstances makes it important to assess each situation individually. (Spanish Version)
Working Ergonomically Safety Video	Video	13	
Working From Home Fundamentals	Course	20	Some people may have viewed working from home as a luxury prior to the pandemic. However, it has now become a necessity for many people because it is a key strategy for increasing safety. This course covers the fundamentals of working from home including what it means to work from home, potential advantages, potential issues, safety or security issues and other tips on remote work.
Working From Home Fundamentals SPANISH	Course	24	Some people may have viewed working from home as a luxury prior to the pandemic. However, it has now become a necessity for many people because it is a key strategy for increasing safety. This course covers the fundamentals of working from home including what it means to work from home, potential advantages, potential issues, safety or security issues and other tips on remote work. (Spanish Version)
Working in High Heat - Construction Safety Video	Video	11	
Working Safely Around Rail Cars - SS16027AE (9 min.)	Video	9	
Working Safely Around Rail Cars - SS16027AS Spanish	Video	10	
Working Safely In Cold Weather - SS1071IE (8 min)	Video	15	
Working Safely With Supported Scaffolding - Construction Safety Video	Video	21	
Working With Cranes Safely - Construction Safety Video	Video	21	
Workplace Cleanliness - SPANISH	Video	33	This course will identify the hazards that arise from failing to maintain workspace organization. Good housekeeping implies that a workplace is kept in an organized, uncluttered, and hazard-free condition. While this is a relatively simple concept, the benefits that can be realized from good housekeeping practices are far reaching and affect not only workers' safety but also their health and productivity. (Spanish Version)

Title	Type	Est. Time	Description
Workplace Housekeeping	Course	15	Effective housekeeping can help control or eliminate workplace hazards. This course will cover why it's important to pay attention to housekeeping at work, benefits of good housekeeping and elements of an effective housekeeping program.
Workplace Housekeeping - SPANISH	Course	17	Effective housekeeping can help control or eliminate workplace hazards. This course will cover why it's important to pay attention to housekeeping at work, benefits of good housekeeping and elements of an effective housekeeping program. (Spanish Version)
Workplace Violence and Prevention - CA Employees	Course	25	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, how to identify and respond to early warning signs of potentially violent behavior or violent situations and how to recall ways to manage a hostile or violent person or situation.,Äã
Workplace Violence and Prevention - CA Employees SPANISH	Course	25	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, how to identify and respond to early warning signs of potentially violent behavior or violent situations and how to recall ways to manage a hostile or violent person or situation.,Äã (Spanish Version)
Workplace Violence and Prevention - CA Employers/Managers	Course	30	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover occupations that are at a higher risk for violent incidents and what risk factors put them at a greater risk, general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, Identify and respond to early warning signs of potentially violent behavior or violent situations, ways to manage a hostile or violent person or situation.
Workplace Violence and Prevention - CA Employers/Managers - SPANISH	Course	34	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover occupations that are at a higher risk for violent incidents and what risk factors put them at a greater risk, general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, Identify and respond to early warning signs of potentially violent behavior or violent situations, ways to manage a hostile or violent person or situation. (Spanish Version)

Title	Type	Est. Time	Description
Workplace Violence and Prevention - NY Employees	Course	30	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, how to identify and respond to early warning signs of potentially violent behavior or violent situations and how to recall ways to manage a hostile or violent person or situation.,Äã
Workplace Violence and Prevention - NY Employees - SPANISH	Course	31	According to the Occupational Safety and Health Administration, workplace violence is the second leading cause of fatal workplace injuries in the United States, affecting almost 2 million American workers every year. This course will cover general risk factors for violence at work and for your own workplace and type of work you do, the four main types of workplace violence, how to identify and respond to early warning signs of potentially violent behavior or violent situations and how to recall ways to manage a hostile or violent person or situation.,Äã (Spanish Version)
Workplace Violence Facts Prevention - SS1081IE	Video	13	